

Annex 4**Recommended questions to assess tolerance, withdrawal and severity of dependence****(I) Tolerance:**

- Did you ever feel that you needed more drugs for same effect?

(II) Withdrawal:

- Have you ever had withdrawal symptoms after you stopped or cut down use (that is, feel sick)? Hallucinations? Fits?
- Have you ever taken drugs to avoid withdrawal symptoms (or to avoid feeling sick)?

(III) Dependence:**(1) Persistent desire or one or more unsuccessful efforts to cut down or control drug use.**

- Have you ever felt you had a problem with drugs?
- Do you want to quit using drugs?
- Have you ever really tried to quit using?
- For how long have you wanted to quit?

(2) Much time spent in activities necessary to get the drug, taking the drug, or recovering from its effects.

- Did you ever spend a lot of time thinking about using or getting high with drugs?
- Were there times when you could not think or keep your mind on your work because you needed to use drug?
- Did you ever spend a lot of time getting drugs?
- Does the sight, thought or mention of drugs trigger urges and craving to use?

(3) Drug often taken in larger amounts or over a longer period than the person intended.

- Did you ever find that once you started using drugs, you ended up using much more than you had planned to?
- You found you were spending much more time using drugs than you planned?
- Do you ever have trouble turning down drugs when offered to you?
- Do you ever feel an irresistible urge to use drugs?

(4) Important social, occupational, or recreational activities given up or reduced because of drug use.

- Have you ever spent less time with friends because of drug use?
- Have you ever spend less time with family because of drug use?
- Have you spend less time at work/school because of drug use?

(5) Given up previous important and favoured activities.

- Have you missed out on things because you spent too much time or money on drugs?

(6) Continued drug use despite knowledge of having a persistent or recurrent social, psychological, or physical problem that is caused by the use of drugs.

- Have you ever continued drug use despite a physical problem?
- Have you ever continued drug use despite arguments with family or friends about drug use?
- Have you ever continued drug use despite increase in anxiety &/or depression caused by the drugs?