

Services and Contact Details of Other Support Services

Caritas Lok Heep Club

The Caritas Lok Heep Club commenced operation in 1968. With two centres located in Kowloon and on Hong Kong Island, it helps drug abusers to deal with their drug problems, assists rehabilitated drug abusers to remain abstinent, supports the family members of these two target groups and provides the public with preventive education on combating drug abuse.

The Club functions mainly through providing counselling and supportive services to drug abusers and ex-drug abusers. It is also experienced in helping family members of drug/ ex-drug abusers by running talks, education programmes, as well as group sessions to help them to deal with problems related with drug-abuse. There is also a Family Visit Team to reach out to serve needy people. The Club provides drug tests to help assess the abstinence status of clients.

Contact

Hong Kong Centre

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Website: www.caritaslokheepclub.org.hk

Kowloon Centre

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Hong Kong Council of Social Service

The Network on Substance Abuse Service (Network on SAS) of the HKCSS was established with over 26 representatives from NGOs involved in drug treatment, rehabilitation and prevention. Its goal is to promote the exchange of

views on drug related issues and to collaborate service-interfacing between NGOs and the concerned parties.

In responding to the Fifth Three-year Plan and Task Force on Youth Drug Abuse led by the Secretary for Justice, Network on SAS organised series of consultation meeting, and channelled views of the sector to related government departments. Moreover, training, agency visitations and international conference are organised for exchange of expertise, experiences and resources among professional workers in drug abuse on a regional and international scale to enhance the capacity building of the sector.

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Mobile Acute Drug Rehabilitation Team of Haven of Hope Hospital

The in-patient detoxification service for the drug abusers was first started by the Haven of Hope Hospital in the early 1970s. In September 1997, the Mobile Acute Drug Rehabilitation Team was established in the hospital as a new model of care for the drug abusers who suffer concomitant medical illnesses. The philosophies of the team are based on Christ-centeredness and life respect to promote and provide holistic drug rehabilitation service for drug abusers. The team consists of a nurse experienced in drug rehabilitation, a peer counsellor and inputs from the multi-disciplinary team of the hospital. The detoxification process comprises basically a three-week in-patient voluntary rehabilitative programme, which provides detoxification, physical, psychosocial and spiritual care. Discharged detoxified drug abusers are referred to other drug rehabilitation organisations for follow-up, which aims to strengthen the rehabilitation and their re-integration into society.

The Team has collaborated with six NGOs in providing services. It also provides weekly group counselling service to ex-addicts. The service is provided by its peer counsellor and the pastoral worker of the respective local church. In order to

encourage the discharged clients to build up a network for mutual support and sharing, the hospital has assisted them to set up a self-help group in 2004.

Contact

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The Pui Hong Self-Help Association

The Pui Hong Self-help Association is a NGO formed by a group of rehabilitated drug abusers in 1967. It aims to promote the spirit of self-help and mutual support among its members to enable them to lead a drug-free and productive life. Linked with the SARDAs' four regional service centres, its four district chapters organise various social activities for their members. The association also operates a co-op shop on Shek Kwu Chau to serve the residents under treatment. As at the end of 2007, the total number of members stood at 3,688.

Contact

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KELY Support Group

KELY (Kids Everywhere Like You) Support Group is committed to improving the quality of life and helping the youths to develop positive peer support networks in Hong Kong. KELY, established in 1991 as a youth self-help group for drug and alcohol problems, is a bilingual charitable organisation and a full member of the HKCSS.

KELY organises drug education, sexuality education, friendship, healthy physical and mental growth and eating disorder awareness programmes for primary and secondary school students of local and international schools. It has successfully added a peer support training programme to its services where students partake in peer support training courses to equip them for outreach within their schools. This is

particularly effective because the programme graduates are not only more accessible to their peers but also more approachable than counsellors. Also, the programme allows for understanding of risks within their schools, their fellow classmates and friends may be facing and can help facilitate research and provision of appropriate information as necessary.

Contact

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Life Education Activity Programme (LEAP)

Established in 1994, LEAP is a registered charity which provides internationally recognized health awareness and drug prevention programmes for students aged from five to 15. LEAP's cultural and age-appropriate programmes are designed to provide a sequential approach to learning about the body, how drugs affect it and, through role-play, to develop students' social competency skills to enable them to make responsible decisions.

The Primary Programme is taken to schools in specially designed mobile classrooms that are equipped with technology and provide a relaxed and intimate environment for children's enjoyment and open discussion. LEAP now operates six mobile classrooms and one static centre, as well as a Secondary Programme. The Programmes reach some 76 000 school children annually, including over 3 000 students with Special Needs. In October 2006, LEAP launched "Safe and Successful", a programme which aims at equipping parents with skills to help their children establish correct values and to prevent substance abuse.

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Community Drug Advisory Council (CDAC)

CDAC is a bilingual non-governmental organisation that was established in 1984. The mission of the Council is to prevent initiation of drug abuse and minimise harms associated with drug abuse.

CDAC develops and provides drug education programmes for different schools and organisations. Target groups including students, at-risk youths, parents, teachers and other professionals. CDAC provides consultancy for teachers; advice and referral services for people who have problems concerning drug abuse; editing and developing drug information resources specific to certain target groups. For example, the “Drug Education Kit (2007/08)” which was tailored for primary and secondary schools, a self-edited youth magazine called “Youth Express” for youths, and drug information booklets designed for parents.

With the sponsorship from the Beat Drugs Fund, a two-year project D.R.O.P. (Drug Resistance, One-stop Programme) will commence in 2008 to provide anti-drug and health education programmes for about 5,000 at-risk youths.

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