



1 July 2021 to 30 June 2023

**LGBT Drug Prevention Service
BDF200030
The Boys' and Girls' Clubs Association of
Hong Kong**



Project Name

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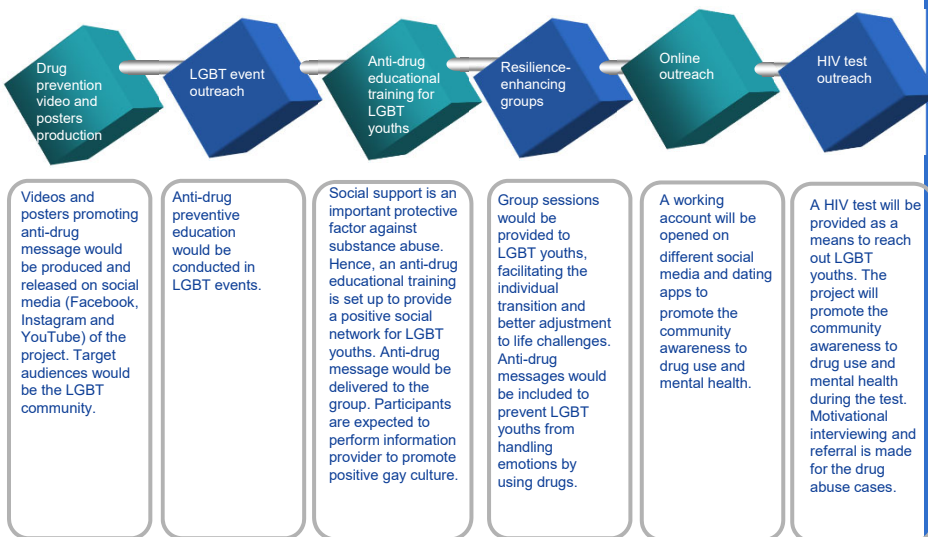


Introduction

- A research by the Department of Health (2018) finds that 7.3% of men having sex with men (MSM), used drug before or during sex in the last 6 months. BGCA has provided social service for sexual minority youths since 2007. In 2016, BGCA launches Healthy gay Community Project to provide targeted prevention education and treatment for gay men.
- This project would further extend our prevention education and treatment service to lesbian and transgender persons, and also strengthen our previous service and experience:
 - Upscale our prevention education on social media;
 - Continue outreach to hidden addicts through social apps outreach and HIV testing service;
 - Develop gay social apps outreach event outreach, to reach the hidden drug abuser case
 - Provide case counselling and treatment group to high risk group



Project Content





Project Content



Counselling services would focus on:

- Validation of LGBT identity
- Issues on loneliness, intimacy, love and sex
- Identification of stress and patterns
- Development of positive lifestyle
- Understanding the harm of drug taking

Anti-drug professional training would be provided to professionals, including social workers and social work students.



Project Content



Drug prevention video and posters production



Project Content



LGBT event outreach



Project Content



Resilience-enhancing group



Professional training



Output Evaluation

	Expected Result	Achieved Result	Remark
Output Indicator 1	100 posters and 2 videos to be produced, with a total of 4,000 likes and 6,000	114 posters (114%) were produced with 5,992 likes (149.8%). 3 videos (150%) was produced with 104,903 views (1,748%)	Target met
Output Indicator 2	Provide not less than 480 counselling sessions to 60 LGBT youths	60 youths (100 %) received counselling service, with 491 sessions (102.3%)	Target met



Output Evaluation

	Expected Result	Achieved Result	Remark
Output Indicator 3	Provide not less than 8 drug prevention groups to 80 LGBT youths, with at least 80% of attendance (or 256 mantimes)	8 groups (100%) were conducted, with 90 (112.5%) participants and 336 man-times (131.3%)	Target met
Output Indicator 4	Provide not less than 10 resilienceenhancing groups to 60 LGBT youths, with at least 80% of attendance (or 384 man-times)	15 groups (150%) with total 115 sessions were conducted. 152 (253%) participants joined with 855 mantimes (222.7%)	Target met



Outcome Evaluation

	Expected Result	Achieved Result	Remark
Outcome Indicator 1	Participants show improvement in anti-drug attitude (70% of participants show improvement in anti-drug attitude or statistical significant improvement in anti-drug attitude as indicated by paired t-test)	60 valid cases were collected 86.7% showed improvement in anti-drug attitude	Target met



Outcome Evaluation

	Expected Result	Achieved Result	Remark
Outcome Indicator 2	Participants perceive a higher risk associated with drug abuse (75% of participants perceive a higher risk associated with drug abuse or statistical significant improvement in participant's perceived risks as indicated by paired t-test)	70 valid cases were collected 78.6% of respondents perceived a higher risks associated with drug abuse	Target met



Outcome Evaluation

	Expected Result	Achieved Result	Remark
Outcome Indicator 3	<p>Participant show reduction in their permissive attitude towards drug abuse</p> <p>(75% of participants show reduction in their permissive attitude towards drug abuse or statistical significant reduction in permissive attitude as indicated by paired t-test)</p>	<p>70 valid cases were collected</p> <p>81.4% of respondents showed reduction on their permissive attitude towards drug abuse</p>	Target met



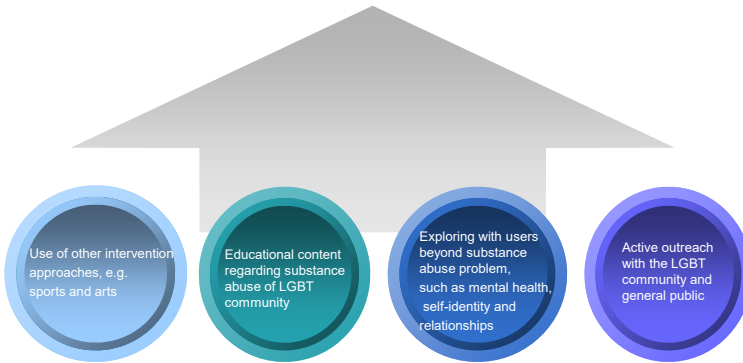
Outcome Evaluation

	Expected Result	Achieved Result	Remark
Outcome Indicator 4	<p>Participant show reduction in their permissive attitude towards drug abuse</p> <p>(75% of participants show reduction in their permissive attitude towards drug abuse or statistical significant reduction in permissive attitude as indicated by paired t-test)</p>	<p>60 valid cases were collected</p> <p>90% of respondents showed reduction in their permissive attitude towards drug abuse</p>	Target met



Experience Gained

Reason behind success



Experience Gained

Use of online method for engagement

The current Chem fun community is not easy for the project staff to reach out. Use of online method such as outreaching via dating apps enable the project to get in touch with the community.

Sports as a preventive approach

Body shapes are valued by the LGBT community, especially the MSM community. It is associated to self image, mental health as well as intimate relationship. Use of sports as a preventive approach helped the community build a healthier life style and allow them to gain better self image to avoid them to use drug to look for their community.

Community building and use of peer influence

Community was built through the anti-drug training and group activities, which provided the LGBT members with mutual support. Peer support and influence was essential for both drug prevention and rehabilitation.



Conclusion

- Conclusion

This project provided the LGBT community with platform to understand the impact of drug use, the community culture as well as gaining mutual support, which were helpful to prevent them from drug use.

Also, the online outreach allowed the project staff to get in touch with the Chem fun community and the high-risk youths.

- Suggestions

To reach out to the potential service users, professional network with drug rehabilitation settings and medical units are important. The project needs to develop its professional network and increase the source of referral. Service promotion also needs the project's attention.

- Way forward

The project will continue the preventive work. Also, the project will collaborate with other NGOs and medical settings to provide intervention to the LGBT community.