



香港戒毒會
THE SOCIETY FOR THE AID AND
REHABILITATION OF DRUG ABUSERS



“Re-structuring Life-A Better Tomorrow” – Strengthening Inpatient and Aftercare Support for Drug Rehabilitees 2.0 (BDF200033)

August 2021 – July 2024

The Society for the Aid and Rehabilitation of Drug Abusers

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Introduction

- A 3-year project
- 1) To strengthen the aftercare support by various training and supports for enhancing local and non-Chinese rehabilitees’ self-efficacy on drug avoidance
- 2) To enhance higher success against relapse to drugs among non-Chinese rehabilitees by providing less culture and language barriers
- 3) To increase the competency of local and non-Chinese rehabilitees by providing vocational training and counselling support
- 4) To enhance the well-being of local and non-Chinese rehabilitees during their social reintegration process by providing various programs and activities
- 5) To spread anti-drug messages to the general public through music performances
- 6) To enhance public acceptance towards drug rehabilitees by providing volunteer training and services

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Project Content

- Individual Counselling (Chinese & Non-Chinese)
- Counselling Group (Chinese & Non-Chinese)
- Non-Chinese aftercare visit
- Vocation Training Course
- Interest Class
- Volunteer Service
- Outdoor Leisure Activity
- Multicultural Music Band & Community Road Show
- Community Volunteer Training
- Medical Treatment Referral
- Language Class for Non-Chinese Rehabilitees

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Counselling Groups



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Interest Classes



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Language Classes for Non-Chinese Rehabilitees



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Multicultural Music Band



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Music Performances



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Outdoor Activities



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Supporting Groups



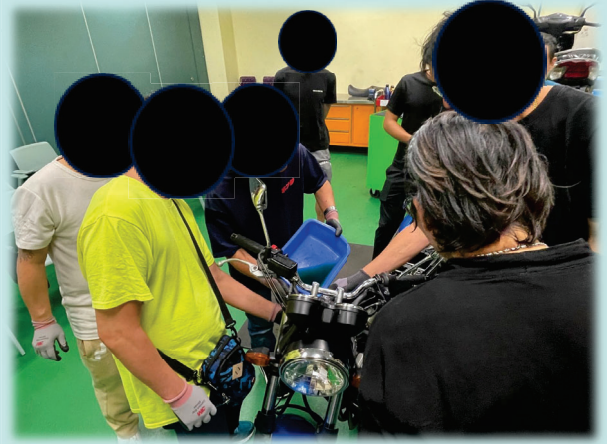
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Vocational Trainings



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Medical Referrals

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更好牙齒

牙科資助 (每人上限港幣1000元)

*如金額超出上限,申請者需要自行承擔

申請資格:

*經輔導推薦

*於宿舍內住滿3星期

*未有醫療券或其他資助之受惠者

有意申請者可向輔導查詢。

名額有限,最終決定權由計劃主任決定。



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Volunteer Services



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Volunteer Trainings



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Output and Outcome Evaluation

- Output evaluation: Attendance
- (Over 70% participants attend)
- Different man-times target depends on types of activities

- Outcome evaluation: Pre-post tests
- Beat Drugs Fund Question Set No. 3
- Beat Drugs Fund Question Set No. 22
- WHO-5 Well Being Index (Chinese)

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Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Output Indicator 1	<p>A. 600 person-time of local Chinese rehabilitees receive individual counselling sessions (vocational related)</p> <p>B. 360 person-time of non-Chinese rehabilitees receive individual counselling sessions</p>	<p>A. 624 person-time of Chinese rehabilitee receive individual counselling sessions (vocational related)</p> <p>B. 360 person-time of non-Chinese rehabilitees receive individual counselling sessions</p>
Output Indicator 2	Provide a total of 36 counselling group sessions for 600 person-time of local Chinese and non-Chinese rehabilitees	Provide a total of 87 counselling group sessions for 618 person-time of local Chinese and non-Chinese rehabilitees
Output Indicator 3	<p>A. Provide not less than 18 vocational training courses for 144-180 attendees, among which 101- 126 attendees complete the course(s)</p> <p>B. Provide not less than 18 interest classes for 144-180 attendees, among which 101-126 attendees complete* the class</p>	<p>A. Provide 19 vocational training courses for 280 attendees, among which 231 attendees complete the courses</p> <p>B. Provide 20 interest classes for 263 attendees, among which 236 attendees complete* the class</p>



Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Output Indicator 4	<p>A. Organise not less than 6 sessions of outdoor leisure activities for 48-60 man-times of rehabilitees and 12-18 man-times of their family members</p> <p>B. Organise not less than 18 sessions of volunteer services for 180 man-times of local Chinese rehabilitees and non-Chinese drug rehabilitees</p>	<p>A. Organise 15 sessions of outdoor leisure activities for 185 man-times of rehabilitees and 47 man-times of their family members</p> <p>B. Organise 26 sessions of volunteer services for 217 person-time of local Chinese and non-Chinese drug rehabilitees</p>
Output Indicator 5	<p>A. Provide after-care visit / contact for 240 man-times of non-Chinese rehabilitees and their family members</p> <p>B. Set up a music band and conduct not less than 72 music learning sessions for 360 man- times of non-Chinese and local Chinese rehabilitees</p> <p>C. Organise not less than 4 community road shows / music performance for 480 man-times of general public</p>	<p>A. Provide after-care visit / contact for 242 person-time of non-Chinese rehabilitees and their family members</p> <p>B. Set up a music band and conduct 139 music learning sessions for 762 man-times of non-Chinese and local Chinese rehabilitees</p> <p>C. Organise 7 community road shows / music performance for 775 man-times of general public.</p>



Output Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Output Indicator 6	<p>A. Provide a total of 72 language class sessions for 360 person-time of non-Chinese rehabilitees</p> <p>B. 35 person-time of local Chinese and non-Chinese rehabilitees attend the volunteer training programmes</p>	<p>A. Provide 75 language class sessions for 568 person-time of non-Chinese rehabilitees</p> <p>B. 60 person-time of local Chinese and non-Chinese rehabilitees attend the volunteer training programmes</p>

Outcome Benchmarks & Evaluation Results

	Expected Result	Achieved Result
Outcome Indicator 1	Participant show improvement in self-efficacy on drug avoidance (70% of participants show improvement in their self-efficacy to refuse drug use or statistically significant improvement in self-efficacy to refuse drug use as indicated by paired t-test)	81.9% of participant show improvement in self-efficacy on drug avoidance (628/767)
Outcome Indicator 2	Participant show improvement in self-efficacy to avoid drug abuse (70% of participants show improvement in their self-efficacy to refuse drug use or statistically significant improvement in self-efficacy to refuse drug use as indicated by paired t-test)	79.5% of participant show improvement in self-efficacy to avoid drug abuse (337/424)
Outcome Indicator 3	Participant show improvement in personal well-being (70% of participants show improvement in personal well-being or statistically significant improvement in personal well-being as indicated by paired t-test)	72.3% of participant show improvement in personal well-being (358/495)
Outcome Indicator 4	Community members who benefited from the volunteer training programs show improvement in their acceptance towards drug rehabilitees (70% of community members who benefited from the volunteer services showed improvement in their acceptance towards drug rehabilitees)	80.8% of community members who benefited from the volunteer training programs show improvement in their acceptance towards drug rehabilitees (80/99)

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Experience Gained

- Reason behind success
 - Maintained close contact with rehabilitees by regular visits to half-way houses and SKC
 - Obtained updated information about rehabilitees by frequent contact with caseworkers
- Lesson learnt
 - Music is a crucial element to involve multi-cultural rehabilitees
 - Rehabilitees are empowered by participating in volunteer services
 - Provision of light refreshments are recommended during activities

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Conclusion

➤ Suggestions and Way Forward

- Group debriefing is suggested to summarize the experience of each activity and strengthen the learnings of rehabilitees
- More quota of medical check-up subsidies is suggested since it is one of the common needs of rehabilitees
- Involvement of family members of rehabilitees can be considered in the future project planning

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