

BDF 200039

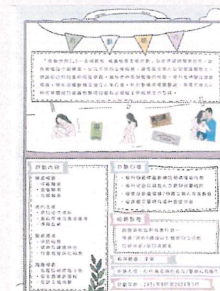
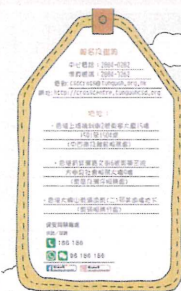
Precious Journey 2.0

A Supportive Project for Parents with Drug Abuse Behaviour

Project Implementation Period:**1/8/2021-31/7/2024****東華三院**
Tung Wah Group of Hospitals**越峰成長中心**
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INTRODUCTION

As a continuation of the preceding project (BDFI70056), this project supported the varied needs of the participating women with drug abuse behaviour from personal/family, medical to social needs.

The ultimate goal of the program is to enhance their motivation on drug detoxification and relapse prevention during the transitional stage of motherhood.



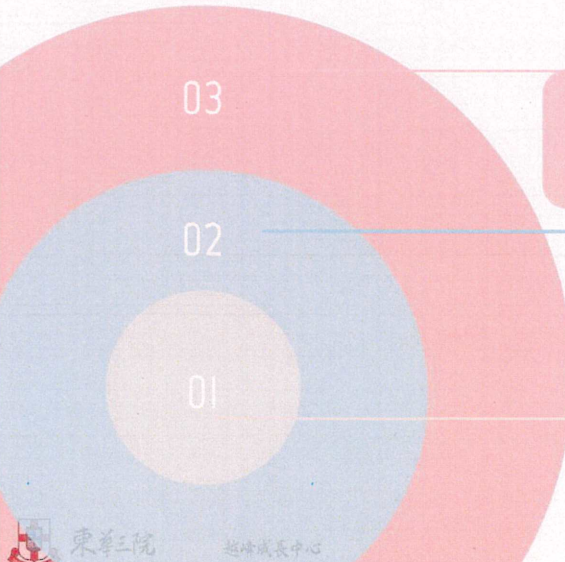

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Project Content



03 Social Perspective

- Mother-oriented co- learning group
- The Circle of Security Parenting (COS-P) Program

02 Individual Perspective- Medical Support Service

- Home-based intervention
- Antenatal and postnatal care service
- Medical escorting service
- Multi-disciplinary collaboration service

01 Individual Perspective- Counselling Service

- Comprehensive assessment
- Individual counselling service
- Joint counselling interview




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Project Activity (Self exploration/ Mutual Support)



Project Activity (Self exploration/ Mutual Support) (Cont’)



Project Activity (Relaxation) (Cont')



Project Activity (Parent-child activity) (Cont')



Project Activity (Circle of Security groups) (Cont')



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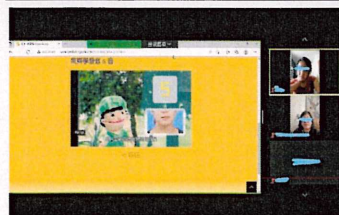
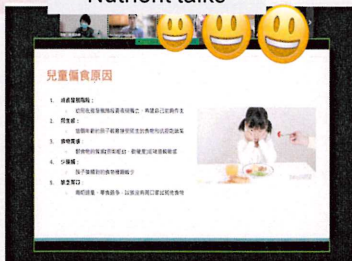
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Project Activity (Online activities) (Cont')

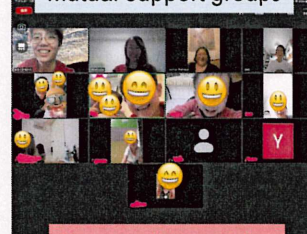
Nutrient talks



Speech therapy workshops



Mutual support groups



Parent-child activities



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Output and Outcome Evaluation

	<u>Expected result</u>	<u>Target Population</u>	<u>Output Achieved</u>
Output indicator 1	Provide 210 sessions of medical escorting services, home-based intervention, antenatal and postnatal care service and 60 sessions of professional collaboration service to 90 participants, among which 45 participants engage in at least 3 sessions of service	Mothers or pregnant women with drug abuse behavior	Provided <u>330</u> (157.14%) sessions of medical escorting services, home-based intervention, antenatal and postnatal care service and <u>98</u> (163.33%) sessions of professional collaboration service to <u>90</u> (100%) participants, among which <u>47</u> (104.44%) participants engage in at least 3 sessions of service



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Output and Outcome Evaluation (Cont')

	<u>Expected result</u>	<u>Target Population</u>	<u>Output Achieved</u>
Output indicator 2	Provide 360 sessions of comprehensive assessment, individual counselling and joint counselling to 90 participants, among which 63 participants engage in at least 4 sessions of service.	Mothers or pregnant women with drug abuse behavior and their partners and/or main caregivers of their children.	Provided <u>442</u> (122.78%) sessions of comprehensive assessment, individual counselling and joint counselling to <u>100</u> (111.11%) participants, among which <u>66</u> (104.76%) participants engage in at least 4 sessions of service.



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Output and Outcome Evaluation (Cont')

	<u>Expected result</u>	<u>Target Population</u>	<u>Output Achieved</u>
Output indicator 3	Provide 112 sessions of Co-learning Group and Circle of Security Parenting Program with a total attendance reaching 700 man-times.	Mothers or pregnant women with drug abuse behavior and their children.	Provided <u>152</u> (135.71%) sessions of Co-learning Group and Circle of Security Parenting Program with a total attendance reaching <u>748</u> (106.86%) man-times.



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Output and Outcome Evaluation (Cont')

	<u>Expected Result</u>	<u>Achieved Result</u>
Outcome Indicator 1	70% of participating women show improvement in anti-drug attitude	71.4% of participants show improvement in anti-drug attitude or statistical significant improvement in anti-drug attitude
Outcome Indicator 2	70% of participating women show improvement on self-efficacy	72.1% of participants show improvement in self-efficacy.
Outcome Indicator 3	70% of participating women show improvement in parental efficacy	85.7% of participants show improvement in parental efficacy.
Outcome Indicator 4	70% of participating women show improvement in their parental satisfaction	71.4% participants show improvement in parental sense of competence.
Outcome Indicator 5	70% of drug abusing women show reduction in drug use frequency	100% of drug abusing women reduced their drug use frequency.
Outcome Indicator 6	70% of female rehabilitees avoided relapse	91.53% of female rehabilitees avoided relapse



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Experience gained

- Childcare support during mother-oriented co- learning groups is the most fundamental factor in securing attendance.
- Regular groups that incorporate mutual support elements, such as art-based and cooking activities, enhance participants' motivation to engage in the project and are also the most popular programs.
- Art serves as an effective media for participating women to express themselves and explore their feelings and thoughts.



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Experience gained (Cont')

- Working with participating women required postnatal/ social workers who possess a strong sense of empathy and patience for their ventilation of struggles, loneliness and pain.
- It is essential to maintain a non-judgmental attitudes towards the women's emotions while also remaining vigilant in protecting the well-being of their children.



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Experience gained (Cont')

- Building a positive social network among participants enhances their capability to stay drug- free and stress resistance.
- Equipping them with childcare skills and fostering problem-solving skills by home-based childcare training is beneficial for boosting the self-identity of participating women.
- Providing anti- drug counselling service promotes their drug resilience so as to maintain a healthy and drug- free lifestyle.



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Other findings and Conclusion

- This project established a safe and secure platform or shelter for the participating women, allowing them to take a break from daily chaos and transition from their roles as mother back to their identities as daughters or female individuals.
- Along with the termination of this project, services for drug-affected parents and their families, subsidized by the lump sum grant of SWD, will be sustained and integrated into our service unit (CCPSA). Comprehensive programs ranging from counselling service, childcare training to mutual support groups will be organized by social workers and family support workers.



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Thank you



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