

機會由你創—全方位醫社合作外展服務2.0

“You Got Chance” – Multidisciplinary Holistic Outreaching Service for Drug Abusers 2.0

BDF200057



1/8/2021 – 31/7/2024

The Society for the Aid and Rehabilitation of Drug Abusers




Introduction



- 1/8/2021 – 31/7/2024 (a 3-year project)
- Extension of “You Got Chance” 1.0
- **An interdisciplinary outreach team** with a social worker, a nurse and a peer counselor
- To provide **early support** for drug abusers by doing outreach and interviews in high-risk districts and hospitals, especially those with **drug-induced mental health problems**



Output Benchmarks & Evaluation Results



Output Indicator	Expected Result	Achieved Result
Output Indicator 1	<ul style="list-style-type: none"> Conduct 120 outreach sessions for 900 man-times of drug abusers and high-risk groups 	<ul style="list-style-type: none"> Conducted 120 (100%) outreach sessions for 2,533 (281.4%) man-times of drug abusers and high-risk groups
Output Indicator 2	<ul style="list-style-type: none"> A. Conduct 300 interview sessions for 300 man-times of drug abusers B. Conduct 90 counseling group sessions for 300 man-times of drug abusers and rehabilitees in hospitals, drug rehabilitation centers and half-way houses 	<ul style="list-style-type: none"> A. Conducted 332 (110.6%) interview sessions for 332 (110.6%) man-times of drug abusers B. Conducted 90 (100%) counselling groups for 931 (310.3%) man-times of drug abusers and rehabilitees in hospitals, drug rehabilitation centers and half-way houses
Output Indicator 3	<ul style="list-style-type: none"> Provide 600 sessions of internship program to 10 rehabilitees and the no. of participants reach up to 600 man-times 	<ul style="list-style-type: none"> Provided 600 (100%) sessions of internship program to 47 (470%) rehabilitees and the no. of participants reach up to 600 (100%) man-times
Output Indicator 4	<ul style="list-style-type: none"> Provide 30 sessions of health talks in rehabilitation centers and half-way houses and the actual no. of participants reach up to 300 man-times 	<ul style="list-style-type: none"> Provided 30 (100%) sessions of health talks in rehabilitation centers and half-way houses and the actual no. of participants reach up to 436 (145.3%) man-times
Output Indicator 5	<ul style="list-style-type: none"> Provide 180 sessions of professional in-depth case counselling for 45 outpatient cases in Substance Abuse Clinic (SAC) 	<ul style="list-style-type: none"> Provided 180 (100%) sessions of professional in-depth case counselling for 48 (106.7%) outpatient cases in Substance Abuse Clinic (SAC)

Outcome Benchmarks & Evaluation Results



	Expected Result	Achieved Result
Outcome Indicator 1	<ul style="list-style-type: none"> Participants who attend the health talks show improvement in anti-drug attitude. 70% of rehabilitees showed improvement in anti-drug attitude. 	<ul style="list-style-type: none"> 97.9% rehabilitees (427/436) showed improvement in anti-drug attitude
Outcome Indicator 2	<ul style="list-style-type: none"> Participants who receive professional case work counselling show improvement in their motivation to quit drugs. 70% of rehabilitees showed improvement in motivation to quit drugs. 	<ul style="list-style-type: none"> 93.8% participants (45/48) showed improvement in their motivation to quit drugs
Outcome Indicator 3	<ul style="list-style-type: none"> Participants who join the internship program show reduction in their permissiveness towards drug abuse. 70% of rehabilitees showed reduction in their permissiveness towards drug abuse. 	<ul style="list-style-type: none"> 97.9% participants (46/47) who join the internship program show reduction in their permissiveness towards drug abuse
Outcome Indicator 4	<ul style="list-style-type: none"> Participants who receive Chinese medical consultation and treatment show improvement in their motivation to quit drugs. 70% of participants show improvement in their motivation to quit drugs. 	<ul style="list-style-type: none"> 90.6% participant (29/32) who receive Chinese medical consultation and treatment show improvement in their motivation to quit drugs

Process Evaluation



- The team **liaised with hospital stakeholders** to handle case referrals, arrange groups in psychiatric wards and provide counseling support in clinics, so that we were able to provide appropriate services to clients with drug problems.
- There were **five main hospitals** intensively co-operating with us, such as Kwai Chung Hospital, Castle Peak Hospital, Tai Po Hospital, Pamela Youde Nethersole Eastern Hospital, and Kowloon Hospital.
- We conducted **regular community outreach** in some high-risk districts, such as Sham Shui Po, Kwun Tong, Nam Cheong, Tuen Mun, etc. We approached homeless people and developed trustful relationship with them. We also encouraged people with drug issues to receive treatment services. During the project, we reached out over 2,500 people in the community.

Process Evaluation



- We developed a **good referral system** and co-operated well with the hospitals. We handled over 300 referrals in these three years and successfully arranged appropriate treatment services to over 100 clients. By visiting clinics, we approached over 40 clients and provided 180 counseling sessions, which showed 93.8% improvement in their motivation to quit drugs.
- For **group services**, we served over 900 clients in hospitals, drug rehabilitation centers and half-way houses. We also reached up over 400 users through health talks and consultations, which got 97.9% rehabilitees showing improvement in anti-drug attitude.
- For **relapse prevention**, we provided 600 sessions of internship program for 47 rehabilitees. Over 97% participants demonstrated reduction in their permissiveness towards drug abuse.
- We also provide **Chinese Medicine Treatment** for those clients with health concerns causing by chronic drug problems. We sponsored 32 clients and over 90% of them showed improvement in their motivation to quit drugs.

Experience Gained



- A well-functioned multi-disciplinary team with balanced combination.
(1 social worker + 1 nurse + 1 peer counselor)
- Peer Counselor is vital in the team.
He is a powerful figure to encourage drug abusers to quit and introduce services.
- Regular service sharing or visits for hospital stakeholders.
Well communication with nurses, doctors and medical social workers.
A well-developed referral system and communicative co-operation.
- Regular group services in psychiatric wards helped develop trustful relationship with patients and they were able to know more about our services.

Conclusion



- Overall, we achieved all the output indicators and got satisfied outcome in all items.
- We well established good relationships with hospitals and service users and provided appropriate services to them in these three years.

End