



***Beyond Reach Information and Prevention  
(BRIP)  
BDF210022***

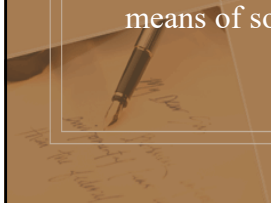
**1<sup>st</sup> June 2022 - 31<sup>st</sup> May 2023**

**Operated by:  
Hong Kong Nepalese Federation**



## ***Introduction***

- Beyond Reach Information and Prevention is a preventive education and publicity project which is operated by the Hong Kong Nepalese Federation with the aims to strengthen the anti-drug awareness, knowledge, attitude and to Nepalese community people through different project elements workshops, trainings, visits, outreach and also to produce anti-drug materials such as, leaflets, posters and disseminate using various means of social media.



## ***Brief Description of Project Activities***

- Training Programs: To concentrate youth in extra activities in their extra time to build up a healthy physical, mental and social behavior.
- Seminars and Workshops: To disseminate anti-drug knowledge, awareness, to provide basic parental skills to the young individuals, parents and others.
- Visit Cum Anti-Drug Workshop: To get knowledge about the facilities and services of rehabilitation centers, to give participant chance to experience with real life of rehabilitees and also to listen the life experience of them.
- Outreach Services: To circulate anti-drug messages, awareness by distributing leaflets, brochures to the Nepalese community by visiting where they live and spends more time.

## ***Training Class: Art Class***



Art Class in HKNF



Art Class in Kirat Yakthung Chumlung Him, Jordan

## *Training Class: Dance Class*



Dance Class in Samyukta Dance Studio

## *Training Class: Cooking Class*



Nepali snack chatpate

## *Training Class: Taekwondo Class*



## *Anti-Drug Seminars / Workshops*



## **Anti-Drug Workshop for Participant's of Training Classes**



## **Anti-Drug Workshop for Participant's of Training Classes**





## Drug Treatment Residential Centre Visit cum Anti-Drug Workshop



SARDA Visit



Operation Dawn Island HK

## Evaluation Results: Output Indicator (I)

Output indicator	Description of pledged output targets	Output targets achieved by the end of the project
Output indicator 1	Provide 2 session of anti-drug workshops to 60 participants with 80% (48 man-times) of participants attending the whole session.	Provided 2 sessions of anti-drug workshops to 70 participants with 120% (84 man-times) of participants attending the whole session.
Output indicator 2	Provide 1 session of Drug Treatment Residential Centre visit cum anti-drug workshop/seminar to 30 participants with the actual no. of participants reach up to 27 man-times.	Provided 2 sessions of Drug Treatment Residential Centre visit cum anti-drug workshop/seminar to 30 participants with the actual no. of participants reached up to 28 man-times.

## Evaluation Results: Output Indicator (II)

Output indicator	Description of pledged output targets	Output targets achieved by the end of the project
Output indicator 3	<p>A. Provide 12 sessions (2 hours per session) of art training to 12 participants with total actual attendance of 116 man-times.</p> <p>B. Provide 12 sessions (2 hours per session) of dance training to 12 participants with total actual attendance of 116 man-times.</p> <p>C. Provide 12 sessions (2 hours per session) of Taekwondo training to 12 participants with total actual attendance of 116 man-times.</p> <p>D. Provide 10 sessions (4 hours per session) of cooking training to 20 participants with total actual attendance of 160 man-times.</p> <p>Note: One session of anti-drug training will be provided to participants of the above trainings.</p>	<p>A. Provided 12 sessions (2 hours per session) of art training to 12 participants with total actual attendance of 135 man-times.</p> <p>B. Provided 12 sessions (2 hours per session) of dance training*to 12 participants with total actual attendance of 132 man-times.</p> <p>C. Provided 12 sessions (2 hours per session) of Taekwondo training to 12 participants with total actual attendance of 138 man-times.</p> <p>D. Provided 10 sessions (4 hours per session) of cooking training to 20 participants with total actual attendance of 186 man-times.</p> <p>Note: One session of anti-drug training was provided to participants of the above trainings.</p>

## Evaluation Results: Output Indicator (III)

Output indicator	Description of pledged output targets	Output targets achieved by the end of the project
Output indicator 4	480 Nepalese receive outreaching services and home visit services and the actual attendance reach up to 480 man-times	533 Nepalese received outreaching services and home visit services and the actual attendance reach up to 533 man-times

## Evaluation Results: Outcome Indicator (I)

Outcome indicator	Description of pledged outcome targets	Outcome targets achieved by the end of the project
Outcome indicator 1	<p>Participants show improvement in anti-drug attitude</p> <p>(80% of participants show improvement in anti-drug attitude or statistical significant improvement in anti-drug attitude as indicated by paired t-test)</p>	<p>Participants showed improvement in anti-drug attitude</p> <ul style="list-style-type: none"> <li>- Overall, 92% of participants show improvement in anti-drug attitude</li> <li>- Statistical significant improvement in anti-drug attitude found by using paired t-test</li> </ul>
Outcome indicator 2	<p>Participant gain knowledge about the harm of cannabis abuse</p> <p>(80% of participants gain knowledge about the harm of cannabis abuse or statistical significant gain in knowledge about harm of cannabis abuse as indicated by paired t-test)</p>	<p>Participant gained knowledge about the harm of cannabis abuse</p> <ul style="list-style-type: none"> <li>- 91.7% of participants gain knowledge about the harm of cannabis abuse</li> <li>- Statistical significant gain in knowledge about harm of cannabis abuse found by using paired t-test</li> </ul>

## Evaluation Results: Outcome Indicator (II)

Outcome indicator	Description of pledged outcome targets	Outcome targets achieved by the end of the project
Outcome indicator 3	<p>Participants show improvement in their acceptance of rehabilitees and drug treatment and rehabilitation facilities</p> <p>(80% of participants show improvement in their acceptance of rehabilitees and drug treatment and rehabilitation facilities or statistical significant improvement in acceptance of rehabilitees and drug treatment and rehabilitation facilities indicated by paired t-test)</p>	<p>Participants show improvement in their acceptance of rehabilitees and drug treatment and rehabilitation facilities</p> <ul style="list-style-type: none"> <li>- 94.4% of participants show improvement in their acceptance of rehabilitees and drug treatment and rehabilitation facilities</li> <li>- Statistical significant improvement in acceptance of rehabilitees and drug treatment and rehabilitation facilities found by using paired t-tests</li> </ul>



## ***Experience Gained***

### **Reasons behind success**

1. As Hong Kong Nepalese Federation (HKNF) is an umbrella organization has huge number of members, it has active communication with the Nepalese community and also HKNF has providing other social services through different ways, it should have always been in close contact with the community people all the time in all situation that BRIP project never left the chance to educate and share the anti-drug awareness, messages to the people who are visiting the centre with different purpose such as in different activities, meetings, gatherings.
2. Moreover, BRIP has taken the opportunity to attained and disseminate, distribute anti-drug messages contain materials to the Nepalese people when other NGOs or organization invited HKNF to participate in their activity and programs.

3. In the situation of COVID-19 outbreak the project utilize online platforms (e.g. Zoom online, facebook live, Nepali online live studio) to recruit, to complete and accomplish the goal of project.
4. BRIP did have good collaboration relationship with SARDA, SRACP, HK Police Force and other Rehabilitation Centres as well.

### **Lessons learnt**

1. Ethnic minority people (including children, young, adult or parents) are always in need of knowledge, training and opportunities. Using different tools and strategies to connect them as a mean to gain their trust is always important in order to bring positive changes in the community.
2. Regular activities are important to engage the young children.
3. Making a close connection with service users and learnt to deal with their situation according to various social and cultural background.

## ***Conclusion and Suggestions***

1. Although drug abuse is a complex problem, the small steps of a person, family or community can bring huge different. BRIP has played a simple role to spread the drug related preventive knowledge with emphasis on the physical drug harm, the mental and social harms of drug abuse, the legal consequences of drug trafficking, parental skills to prevent drug abuse, various drug refusal skills and skills to recognize hidden drug abusers. Various activities, including talks, seminars, workshops and visits has contribute to achieved its project objectives.

### ***Suggestions***

1. While new generations of Nepalese have completed their studies in different fields and built up their career in Hong Kong, it would be more effective to utilize those professionals as speakers or tutors to educate our community people so that they can be introduced as role models to encourage healthy living among the Nepalese communities.
2. Continuation of preventive awareness program, using different strategies, recourses and technique is important to build up the Nepalese community's anti-drug awareness.

***End***