"You Got Chance" – Multidisciplinary Holistic Outreaching Service for Drug Abusers

「機會由你創」— 全方位醫社合作外展服務

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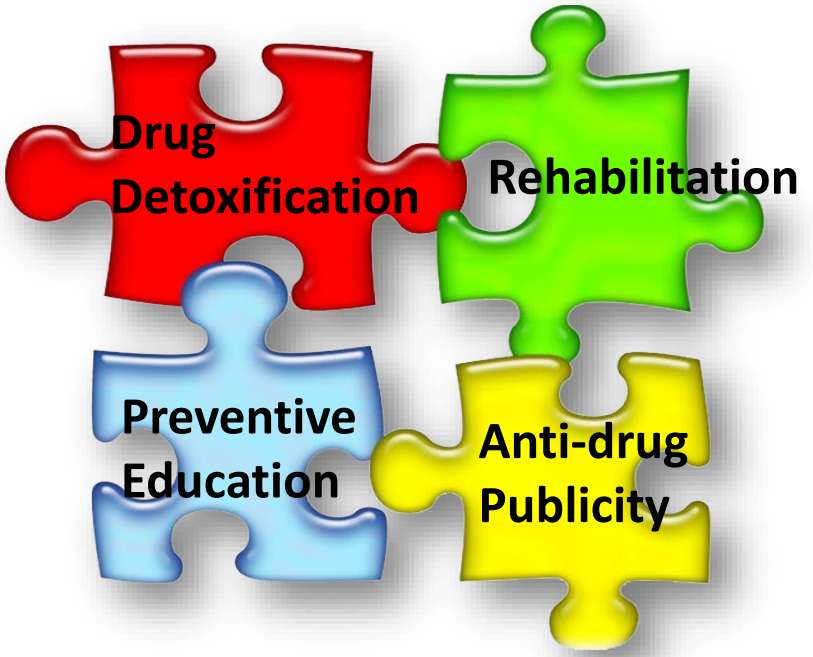
BDF170038 (2018-2021)

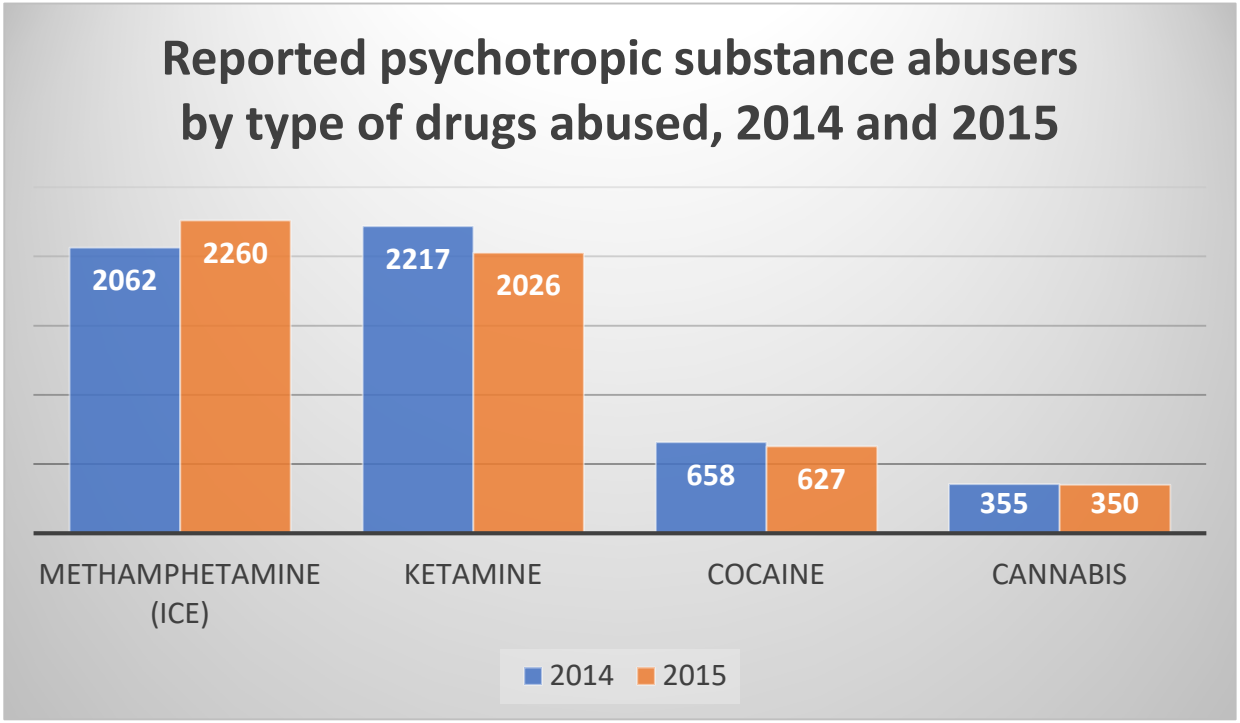
SARDA was established in 1961 with the following aims:



Background

1. The increasing concerns for the methamphetamine (ICE) abusers

- ICE surpassed ketamine to become the most popular psychotropic substance abused in 2015



Source: CRDA Statistics

Background

1. **The increasing concerns for the methamphetamine (ICE) abusers**

- Increasing trend of drug abusers with drug-induced psychosis problems, especially ICE abusers

To involve medical professionals in the process of drug abuse assessment and treatment is important

Background

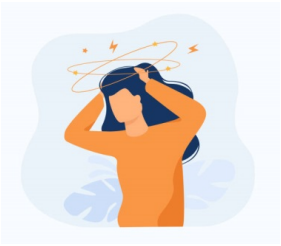
2. Fill up the Service gap

- Drug abusers suffered from restlessness, dizziness, panic and other physical health problems

The team will adopt:

Medical-social care

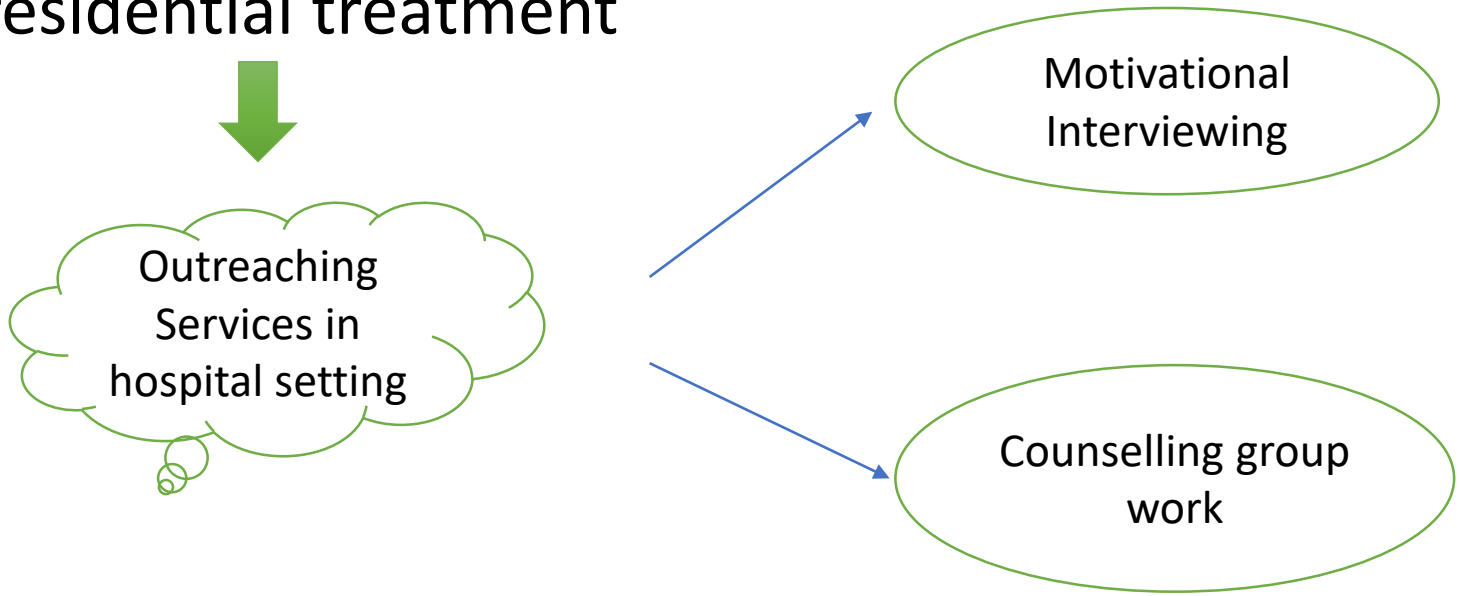
Crisis intervention



Background

3. Multidisciplinary intervention in Psychiatric hospital setting

- Increasing numbers of referral from hospitals for residential treatment



Objectives

1. To provide medical and psychosocial support to the drug abusers and rehabilitees
2. To set up the hospital based support services for the drug abusers and at risk populations
3. To enhance the public awareness to the drug problems

Establishment

- Sponsored by BDF
- 3-year project from 1 August 2018 to 31 July 2021
- Adopt medical-social outreaching approach to provide one-stop drug treatment and rehabilitation services

Service Contents

1. Hospital based support services
2. Community based support services

Hospital based support services

Castle Peak Hospital

Kwai Chung Hospital

Pamela Youde Nethersole Eastern Hospital

"You Got Chance"

Tai Po Hospital

Kowloon Hospital

North District Hospital

Pok Oi Hospital

60 years of Devotion

戒往開來六十載　傳承關愛跨世代

Transformation across generations

Hospital based support services

1. **Case interview and assessment (interview sessions)**

- 9 Hospitals (CPH, TPH, KH, KCH, PYNEH, STH, UCH, QMH, HOHH)
- Motivational interviewing
- Mental health assessment
- Liaison with medical professionals
- Experience sharing

Service output & outcome

1. Hospital based interview sessions

362 interview sessions for patients

Over **70%** patients showed improvement in motivation to change

Hospital based support services

2. Hospital based groups (Castle Peak hospital)

❖Show care and concern through stretching and scented tea sharing

Hospital based support services

2. Hospital based groups (Castle Peak Hospital)

- ❖Facilitate patients to reflect drug lives
- ❖Enhance motivation to quit drugs

Hospital based support services

2. Hospital based groups (Kwai Chung Hospital)

❖Support groups

❖Introduce useful social resources

Service output

2. Hospital based groups

85 groups sessions

467 drug abusers attended

Hospital based support services

3. Out-patient outreaching

- ❖The Jockey Club Serene House (賽馬會明心樓)
- ❖Out-patient Outreaching
- ❖To motivate out-patients to attend medical follow-up
- ❖To introduce social resources and information of drug rehabilitation centre

Hospital based support services

4. Service Sharing with stakeholders in hospital settings

Substance Abuse Clinic	Accident and Emergency
Castle Peak Hospital	Caritas Medical Centre
Kwai Chung Hospital	
Kowloon Hospital	Pok Oi Hospital
North District Hospital	
Pamela Youde Nethersole Eastern Hospital	

Hospital based support services

5. Booth service (Pok Oi Hospital)

- To enhance the public awareness to the drug problems
- To educate public to identify drug abusers and motivate help seeking

Community based support services

1. **Territory-wide**

a) **Sham Shui Po
b) **Wong Tai Sin
c) Yau Ma Tei
d) Kwun Tong
e) Yuen Long
f) Sha Tin
g) Tai Po
h) Happy Valley

Community based support services

1a) Sham Shui Po

- ❖Tung Chau Street Park
- ❖Nam Cheong Subway

Community based support services

1b) Wong Tai Sin District

❖San Po Kong, Choi Hung Road (Under the flyover)

Community based support services

- ❖Motivational counselling
- ❖Medical caring
- ❖Assessment on mental state
- ❖Professional advice or referrals
- ❖Community education

Service output & outcome

Community outreaching services

189
community outreaching sessions

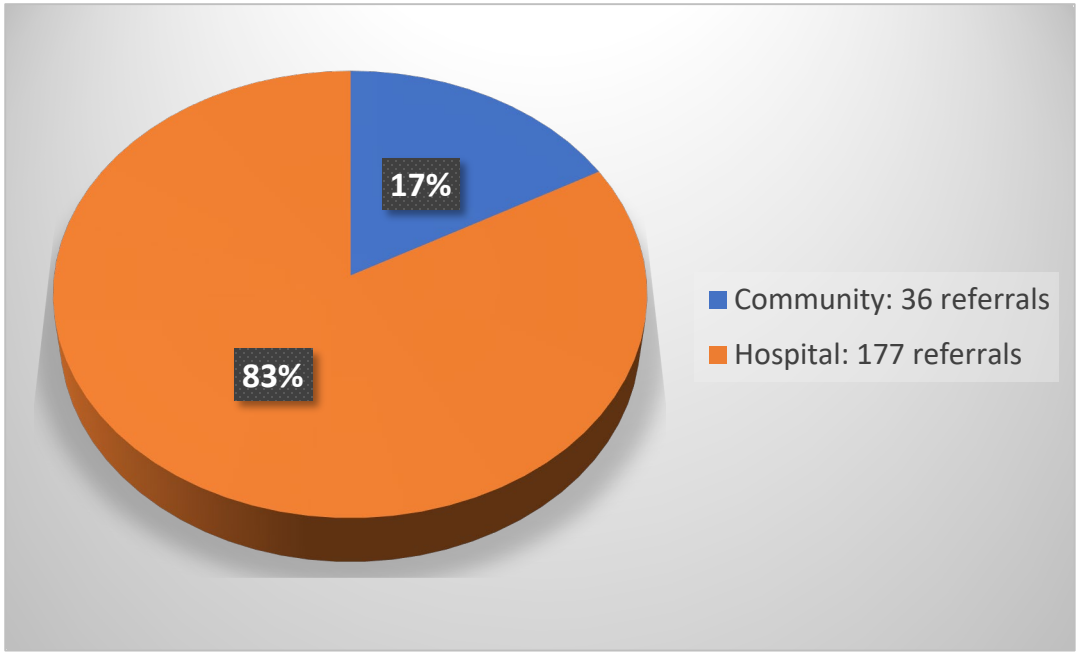
Contact
1,828
man-times of drug abusers and high-risk groups

Over **57%** of drug abusers and high-risk groups showed improvement in motivation to change

Service output

Drug treatment services referral

213 referrals to Drug Treatment Rehabilitation Centres



In COVID-19, our team

1. Continues hospital-based outreaching through online communication software
2. Recruits high-risk groups to attend online and face-to-face health talks and health programs
3. Holds counselling groups to high risk groups to motivate them to stay far away from drugs

Overview of Service output (2018-2021)

	Expected output	Actual output
Output Indicator 1	**Community-based support services** **120** outreaching sessions for **600** man-times of drug abusers	**189** outreaching sessions for **1,828** man-times of drug abusers
Output Indicator 2	**Hospital-based support services** **300** interview sessions **90** counselling group sessions for **300** man-times of drug abusers **100** man-times of active patients	**362** interview sessions **85** counselling group sessions for **560** man-times of drug abusers **269** man-times of active patients
Other activity	**Drug treatment services referrals** Provide not less than **100** drug treatment services referrals	**213** drug treatment services referrals

Overview of Service outcome (2018-2021)

Evaluation method: Beat Drugs Fund Question Set No. 13
(Pre-test and post-test survey)

	Expected outcome	Actual outcome
Outcome Indicator 1	**Hospital-based support services** **50 %** of drug abusers show improvement in their motivation to quit drugs	**72.6 %** of drug abusers show improvement in their motivation to quit drugs
Outcome Indicator 2	**Community-based support services** **40 %** of drug abusers show improvement in their motivation to quit drugs	**57 %** of drug abusers show improvement in their motivation to quit drugs

Conclusion

- Crucial to build up collaboration relationship with stakeholders in hospital settings , NGOs and also rehabilitees

Q&A

Thank
you!!!