Beliefs and Attitudes of Substance Abuse Inventory (BASAI)

Statements in the BASAI

Subscale 1: Belief about the substances

1. I think that these drugs will reduce anxiety
2. I believe that these drugs will not be harmful to one’s health
3. Using these drugs will help people relieve stress
4. It will not affect other people if I use these drugs on my own
5. Using these drugs will affect my daily activities
6. I will use these drugs if I am bored
7. If I use these drugs, I will have the confidence to stop using them at any time
8. Using these drugs will not affect one’s thought and behaviour
9. I do not believe that these drugs will lead to dependence
10. Using these drugs occasionally will not be harmful to me
11. Using these drugs will not affect my memory
12. I believe that these drugs will only affect my mental state for a short period of time
13. Using these drugs will affect the quality of my sleep
14. I believe that these drugs have many adverse effects
15. Using these drugs will affect my judgement

Subscale 2: Attitude towards substance abuse

1. I think that substance abuse is commonly found in young people
2. It should not be harmful if I just use these drugs just once
3. I will try to use these drugs under the influence of my good friends
4. If I use these drugs, it would be just for fun
5. The use of or abuse of these drugs is my personal choice
6. I am curious about these drugs

Subscale 3: Anti-drug information

1. I think that substance abuse is not a serious youth health problem
2. I think I have acquired sufficient knowledge of these drugs from various sources
3. I think that the anti-drug campaigns are not effective

Answer option for statements:

A. Strongly agree
B. Agree
C. Disagree
D. Strongly disagree

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