

## 5 二零零九年各主要類別被呈報吸毒者的特徵 Characteristics of Major Categories of Reported Drug Abusers in 2009

5.1 吸毒者吸食超過一種毒品的現象十分普遍。被呈報吸食多種毒品是指在指定時期內被呈報吸食超過一種毒品的人士，不論有關毒品是否在同一時間混合服用。

5.1 It is a common phenomenon for drug abusers to abuse more than one type of drugs. A multiple drug abuser is defined to be a person who is reported to have taken more than one type of drugs within the specified period, irrespective of whether the drugs were taken concurrently on the same occasion or not.

### 被呈報吸食多種毒品人士 (表 1c)

### Reported Multiple Drug Abusers (Table 1c)

5.2 在二零零九年的所有被呈報吸毒者中，有 3 018 人或 21.8% 吸食超過一種毒品。二零零九年吸食多種毒品人士按其曾經被呈報吸食毒品種類數目及主要組合劃分的分布資料載於下表：

5.2 Of all reported drug abusers, 3 018 or 21.8% took more than one type of drugs in 2009. The distribution of reported multiple drug abusers by number of reported drug types ever taken in 2009 and their major combination are presented in the following table:

吸食毒品種類數目/主要吸食毒品組合 Number of drug types taken / major combination of drugs taken	被呈報吸毒者人數 No. of reported drug abusers	佔所有被呈報吸毒者的百分比 % of all reported drug abusers
<b>吸食兩種毒品 Two drug types taken</b>	<b>2 443</b>	<b>17.6</b>
(i) 海洛英和“白瓜子”/“藍精靈” Heroin & Triazolam/Midazolam/Zopiclone	974	7.0
(ii) “K 仔”和“冰” Ketamine & Ice	260	1.9
(iii) “K 仔”和“搖頭丸” Ketamine & Ecstasy	205	1.5
(iv) “K 仔”和可卡因 Ketamine & Cocaine	177	1.3
(v) 海洛英和“冰” Heroin & Ice	152	1.1
<b>吸食三種毒品 Three drug types taken</b>	<b>444</b>	<b>3.2</b>
(i) 海洛英、“白瓜子”/“藍精靈”和“冰” Heroin & Triazolam/Midazolam/Zopiclone & Ice	43	0.3
(ii) “K 仔”、大麻和“搖頭丸” Ketamine, Cannabis & Ecstasy	38	0.3
<b>吸食多過三種毒品 More than three drug types taken</b>	<b>131</b>	<b>0.9</b>

5.3 在二零零九年，約 17.6% 的吸毒者吸食兩種毒品，而海洛英及三唑侖/咪達唑侖/佐匹克隆(或俗稱“白瓜子”/“藍精靈”)是最常被吸食的毒品組合。另有 3.2% 的吸毒者吸食三種毒品，只有 0.9% 的吸毒者吸食超過三種毒品。

#### 被呈報吸食海洛英人士與被呈報吸食危害精神毒品人士的比較

5.4 以下各段就被呈報吸食海洛英人士與被呈報吸食危害精神毒品人士的特徵作比較，並載列有關各主要被呈報吸食危害精神毒品人士類別(即為氫胺酮(“K 仔”)、三唑侖/咪達唑侖/佐匹克隆(“白瓜子”/“藍精靈”)、“冰”、咳藥、大麻及可卡因)主要特徵的分項數字。

#### 年齡和性別 (表 3a 及 4a)

5.5 在二零零九年，共有 6 901 名被呈報吸食海洛英人士，平均年齡為 43 歲，當中大部分(86.6%)是男性。而在 8 424 名被呈報吸食危害精神毒品人士中，75.6% 是男性。被呈報吸食危害精神毒品者遠較被呈報吸食海洛英者年輕，其平均年齡為 26 歲。相對來說，在被呈報吸食危害精神毒品者中，女性所佔的比例(24.4% 或 2 057 人)較在被呈報吸食海洛英者所佔的比例(13.4% 或 923 人)為高。

5.3 About 17.6% of reported drug abusers had taken two types of drugs in 2009. The most common combination of two types of drugs taken was heroin and triazolam/midazolam/zopiclone. Another 3.2% took three types of drugs, while only 0.9% of reported drug abusers took more than three types of drugs.

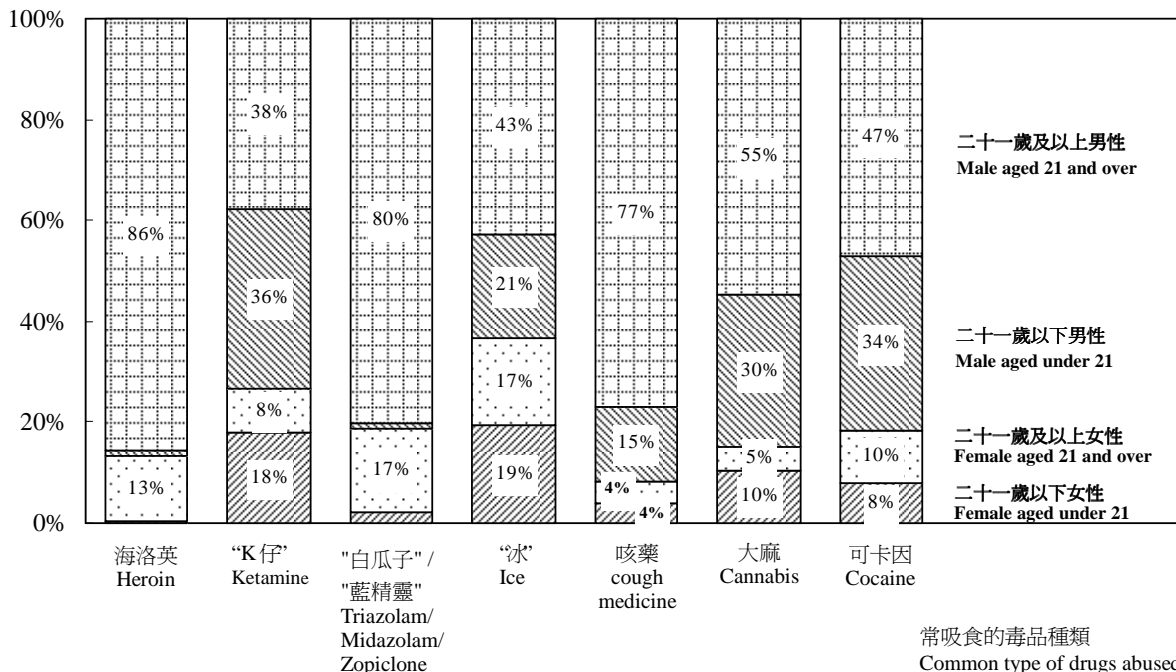
#### Comparison of Reported Heroin Abusers with Reported Psychotropic Substance Abusers

5.4 In the ensuing paragraphs, a comparison of the characteristics of reported heroin abusers and reported psychotropic substance abusers is presented. Separate figures on the salient characteristics of the more popular categories of reported psychotropic substance abusers viz. ketamine, triazolam/midazolam/zopiclone, ice, cough medicine, cannabis and cocaine abusers are also included.

#### Age and Sex (Tables 3a & 4a)

5.5 In 2009, there were 6 901 reported heroin abusers of whom the majority (86.6%) were males. Their overall average age was 43. As for the 8 424 reported psychotropic substance abusers, 75.6% were males. They were far much younger than reported heroin abusers, with an average age of 26. Comparatively speaking, there were proportionally more reported female psychotropic substances abusers (24.4% or 2 057) than reported female heroin abusers (13.4% or 923).

圖 5.1 按常被吸食毒品種類劃分的二零零九年被呈報吸毒者的性別／年齡組別分布  
Chart 5.1 Age/sex distribution of reported drug abusers in 2009 by common type of drugs abused



5.6 在六大類被呈報吸食危害精神毒品者中，女性佔被呈報吸食“冰”和“K仔”人士的百分比比較高，分別為36.7%及26.5%。在被呈報吸食“白瓜子”/“藍精靈”、可卡因、大麻和咳藥人士當中，女性的相應百分比則分別為18.7%、18.3%、15.2%和8.4%。

5.6 Among the six major categories of reported psychotropic substance abusers, the proportion of female was relatively higher among reported ice and ketamine abusers, being 36.7% and 26.5% respectively. The corresponding proportions of female for abusers of triazolam/midazolam/zopiclone, cocaine, cannabis and cough medicine were 18.7%, 18.3%, 15.2% and 8.4% respectively.

5.7 在被呈報吸食各類危害精神毒品人士年齡方面，吸食“白瓜子”/“藍精靈”者的平均年齡為39歲，遠較其他五大類危害精神毒品人士年長。吸食咳藥、“冰”、大麻、可卡因及“K仔”人士的平均年齡分別是29、27、25、25及21歲。

5.7 Comparing the age of various categories of psychotropic substance abusers, triazolam/midazolam/zopiclone abusers, with an average age of 39, were much older than the other five major types of psychotropic substance abusers. The mean ages of cough medicine, ice, cannabis, cocaine and ketamine abusers were 29, 27, 25, 25 and 21 respectively.

**首次吸毒年齡 (表 3c)**

5.8 在二零零九年，被呈報吸食“K仔”人士中，首次吸食該類毒品的平均年齡為 17 歲，被呈報吸食海洛英、大麻及咳藥人士的有關平均年齡則為 19 歲。相對來說，被呈報吸食“白瓜子”/“藍精靈”人士平均在較大的年齡首次吸食該類毒品，有關年齡為 25 歲。

**吸食毒品年期**

5.9 基於被呈報吸食各類危害精神毒品人士的年紀比傳統類毒品的相關人士年輕，所以前者吸食毒品的歷史均較後者為短。就被呈報吸食“K仔”人士而言，其吸毒的年期中位數為三年\*；而吸食海洛英人士的吸毒年期中位數則高達二十三年。

**現時吸食毒品原因 (表 4c)**

5.10 被呈報吸食海洛英者中，當時吸食海洛英的最普遍原因是“避免因沒有吸食毒品而感到不適”(佔被呈報吸食海洛英者 51.8%)，其次是“受到同輩朋友影響”(51.7%)。對於被呈報吸食危害精神毒品者，最普遍的原因是“受到同輩朋友影響”(55.8%)，其次是“解悶”(51.8%)和“出於好奇”(39.9%)。

\* 數字是指吸食“K仔”及海洛英人士的吸食毒品時間中位數，數字是由每位有關吸食毒品者被呈報時的年齡和首次被呈報吸食某類毒品的年齡相減計算出來。

**Age of First Abuse (Table 3c)**

5.8 Reported abusers of ketamine on average started to abuse the substances at the age of 17 in 2009 while heroin, cannabis and cough medicine abusers at 19. Reported triazolam/midazolam/zopiclone abusers on average started to abuse the substances concerned at a relatively older age, at 25.

**Duration of Drug Abuse**

5.9 Given the fact that reported abusers of psychotropic substances are generally much younger than those of traditional drugs, the former have a shorter duration of drug abuse history than the latter. For instance, the median duration of reported ketamine abusers was 3 years\*, while for heroin abusers, the median duration of drug abuse was higher, at 23 years.

**Reason for Current Drug Use (Table 4c)**

5.10 Among reported heroin abusers, the most common reason for currently taking heroin was “to avoid discomfort of its absence” (51.8% of reported heroin abusers), followed by “peer influence” (51.7%). Among reported psychotropic substance abusers, “peer influence” (55.8%) came the first and “relief of boredom” (51.8%) and “curiosity” (39.9%) came the second and the third respectively.

\* Figures refer to the median duration of drug abuse for ketamine and heroin abusers. The duration of drug abuse for an individual drug abuser was the difference between the reported age and the age of first abusing a particular drug.

**居住地區 (表 3b 及 4b)**

5.11 在二零零九年，較多被呈報吸食海洛英者居住在深水埗(佔被呈報吸食海洛英者 15.2%)、油尖旺(13.4%)及觀塘(8.9%)。對於所有被呈報吸食危害精神毒品者，較多人居住在元朗(11.1%)及葵青(8.3%)。再者，元朗是最多被呈報吸食“K 仔”、大麻和可卡因者居住的地區，分別佔 13.8%，13.0%和 12.5%；對於被呈報吸食“白瓜子”/“藍精靈”者，深水埗(13.4%)居首位；對於被呈報吸食“冰”者，觀塘(9.9%)居首位；而對於被呈報吸食咳藥者，大埔(13.7%)居首位。

**每月吸毒次數 (圖 5.2)**

5.12 被呈報吸食海洛英及“白瓜子”/“藍精靈”者普遍有較高的每月吸食次數。在二零零九年，每月吸食次數中位數分別達 60 及 53 次之多。相對來說，被呈報吸食危害精神毒品者的吸食次數中位數則低很多，例如吸食咳藥者每月吸食次數中位數為 19 次；吸食“冰”者，9 次；吸食“K 仔”者，6 次；“搖頭丸”、大麻、可卡因及硝甲西洋者，均為 4 次。

**District of Residence (Tables 3b and 4b)**

5.11 More reported heroin abusers in 2009 resided in Sham Shui Po (15.2% of reported heroin abusers), Yau Tsim Mong (13.4%) and Kwun Tong (8.9%). For reported psychotropic substance abusers as a whole, more people resided in Yuen Long (11.1%) and Kwai Tsing (8.3%). More specifically, for reported ketamine, cannabis and cocaine abusers, more of them resided in Yuen Long, they were 13.8%, 13.0% and 12.5% respectively. For reported triazolam/midazolam/zopiclone abusers, Sham Shui Po (13.4%) topped the list; for reported ice abusers, Kwun Tong (9.9%); and for cough medicine abusers, Tai Po (13.7%).

**Monthly Frequency of Abusing Drugs (Chart 5.2)**

5.12 Reported abusers of heroin and triazolam/midazolam/zopiclone had a relatively higher monthly frequency of abusing drugs in general, with a median monthly frequency of abusing drugs at 60 and 53 times respectively in 2009. The counterpart figures for abusers of all other psychotropic substances were much lower, such as 19 times for cough medicine abusers, 9 times for ice abusers, 6 times for ketamine abusers, 4 times for ecstasy, cannabis, cocaine and nimetazepam abusers.

圖 5.2 按常被吸食毒品種類劃分的二零零七至二零零九年的每月吸毒次數中位數  
Chart 5.2 Median monthly frequency of abusing drugs for 2007-2009 by common type of drugs abused

(次數 no. of times)

常被吸食毒品種類 Common type of drugs abused	2007	2008	2009
海洛英 Heroin	60	60	60
“白瓜子” / “藍精靈” Triazolam / Midazolam / Zopiclone	60	60	53
咳藥 Cough medicine	30	26	19
“冰” Ice	9	9	9
氯胺酮 “K仔” Ketamine	4	7	6
“搖頭丸” Ecstasy	4	4	4
大麻 Cannabis	4	4	4
可卡因 Cocaine	4	4	4
硝甲西洋 Nimetazepam	4	4	4

### 每月吸毒開支 (圖 5.3)

5.13 被呈報吸食海洛英者的每月吸毒開支最高，於二零零九年的每月開支中位數為港幣 7,000 元。在被呈報吸食危害精神毒品者中，吸食可卡因、“白瓜子” / “藍精靈”、“冰”及咳藥的開支中位數較高，分別達港幣 2,145 元、1,800 元、1,500 元及 1,018 元。而吸食其他危害精神毒品的開支中位數則較低，例如“K仔”為港幣 643 元，大麻為港幣 429 元，而搖頭丸及硝甲西洋均為港幣 200 元。

### Monthly Expenditure of Abusing Drugs (Chart 5.3)

5.13 Reported abusers of heroin had the highest monthly expenditure of abusing drugs in general, with a median monthly expenditure of HK\$7,000 in 2009. Among the abusers of psychotropic substances, those taking cocaine, triazolam/midazolam/zopiclone, ice and cough medicine had a relatively higher median monthly expenditure of HK\$2,145, HK\$1,800, HK\$1,500 and HK\$1,018 respectively while the counterpart figures for abusers of other psychotropic substances were lower, such as HK\$643 for ketamine, HK\$429 for cannabis and HK\$200 for both ecstasy and nimetazepam abusers.

**圖 5.3 按常被吸食毒品種類劃分的二零零七至二零零九年的每月吸毒開支中位數**  
**Chart 5.3 Median monthly expenditure of abusing drugs for 2007-2009 by common type of drugs abused**

(港元 HK\$)

常被吸食毒品種類 Common type of drugs abused	2007	2008	2009
海洛英 Heroin	6,000	6,429	7,000
可卡因 Cocaine	1,551	2,100	2,145
“白瓜子” / “藍精靈” Triazolam / Midazolam / Zopiclone	1,500	2,100	1,800
“冰” Ice	1,714	1,500	1,500
咳藥 Cough medicine	1,071	1,179	1,018
氯胺酮 “K仔” Ketamine	429	693	643
大麻 Cannabis	429	429	429
“搖頭丸” Ecstasy	200	210	200
硝甲西洋 Nimetazepam	200	171	200

#### 經濟活動狀況 (表 3e)

5.14 二零零九年被呈報吸食搖頭丸、硝甲西洋、“K仔”、大麻及“冰”的吸毒者中均有不少為學生，分別佔該些吸毒者的33%、20%、17%、13%及13%，而他們的每月吸毒開支較低。

#### 吸食毒品地點 (表 3f)

5.15 在不同毒品的吸食者中，家/朋友的家於二零零九年均為最常被呈報的吸食地點，達66%至94%。除此以外，吸食不同毒品者的吸食地點都有所不同。例如，32%的咳藥吸食者曾於電子遊戲機中心吸毒，而53%的硝甲西洋吸食者、47%的可卡因吸食者及46%的搖頭丸吸食者曾於的士高/卡拉OK吸毒。至於48%的“白

#### Economic Activity Status (Table 3e)

5.14 A significant share of ecstasy (33%), nimetazepam (20%), ketamine (17%), cannabis (13%) and ice (13%) abusers were students in 2009, and they had relatively lower monthly expenditure of abusing drugs.

#### Locality of Abusing Drugs (Table 3f)

5.15 Home/friends' home were the most popular location of abusing drugs, contributed to 66%-94% of abusers for different drugs in 2009. Other than that, the locality of abusing drugs varied a lot among different drugs. For example, 32% of cough medicine abusers took drugs in electronic game centre. Also, 53% of nimetazepam abusers, 47% of cocaine

瓜子” / “藍精靈” 吸食者及 45% 的海洛英吸食者則曾於休憩地方 / 公園 / 公廁吸毒。

abusers and 46% of ecstasy abusers took drugs in disco/karaoke. Meanwhile, 48% of triazolam/midazolam/zopiclone abusers and 45% of heroin abusers took drugs in recreation area/public garden/public toilet.