

**Services and Contact Details of
Counselling Services Available at the Community**

(A) Counselling Centres for Psychotropic Substance Abusers

Tung Wah Group of Hospitals – CROSS Centre: Eastern and Wanchai Office & Central Western, Southern and Islands Office

The TWGHs CROSS Centre was established in October 2002 to provide counselling services for psychotropic substance abusers, their families and the general public (particularly young people) on Hong Kong Island and the outlying islands comprising Eastern, Wanchai, Central & Western, Southern and Islands.

The programmes provided by the centre are based on cognitive behavioural therapy as well as family therapy. Art and sport activities are regularly held to strengthen the resilience of clients to stay away from drugs. The centre also conducts therapeutic groups such as motivational interviewing groups and relapse prevention groups. Recognising the importance of family support during the rehabilitation process, support group service to parents will be held.

Preventive education to young people to steer them away from abusing psychotropic substances is another area the centre focuses on. The centre conducts a series of seminars, talks, workshops and therapeutic groups for secondary school students. The centre also publishes quarterly newsletters to arouse public awareness on drug prevention.

Hong Kong Lutheran Social Service, the Lutheran Church – Hong Kong Synod Limited – Evergreen Lutheran Centre

The Evergreen Lutheran Centre was established in October 2002. It provides individual, family and group counselling for psychotropic substance abusers and their families to tackle the drug abuse problems. In the rehabilitation process, it also provides supporting services for the families. Drug prevention programmes are organised for secondary schools in its serving district, Kwun Tong, to enhance students' drug awareness and knowledge. Some groups and cases follow-up will be organised to the high risk students or occasional users in school.

According to recent statistics, the number of young psychotropic substance abusers is increasing. It warrants the concern from some of the professionals, such as front-line social workers, teachers and youth workers. The drug abuse problem can be handled much more effectively only when the front-line professionals are equipped with enough awareness, drug knowledge and handling skills. Therefore, the centre has been putting much effort to provide trainings and programs to increase their ability in facing and dealing with the problem. Moreover, outreaching service was provided since April 2007. The social workers visit the “black spots” frequently to reach the young substance abusers, rendering all kinds of trainings and counselling services.

Hong Kong Christian Service – PS33 Tsimshatsui Centre

PS33 was established in 1988 and was the first centre for psychotropic substance abusers in Hong Kong. Its main objective is to provide quality rehabilitation services for psychotropic substance dependent persons and their family members through intensive counselling, detoxification services as well as psychiatric and medical support.

Besides handling cases, the centre organises therapeutic group sessions and professional training sessions for social workers, teachers and allied professionals. In addition, the centre organises tailor-made drug prevention programmes for secondary school students to enhance their drug awareness.

Since PS33 Shamshuipo Centre was established in 2010, the original PS33 renamed PS33 Tsimshatsui Centre and it serves Kowloon City and Yau Tsim Mong.

Hong Kong Christian Service – PS33 Shamshuipo Centre

PS33-Shamshuipo Centre was established in October 2010. Its main objective is to provide intensive counseling, detoxification services as well as medical support services for psychotropic substance dependent persons and their family in Shamshuipo. Besides handling cases, the centre organizes therapeutic group sessions and professional training sessions for social workers, teachers and allied professionals.

To facilitate the rehabilitation of drug service users, a project named “Stand Up, No Drug” sponsored by the Beat Drugs Fund has been launched. That is to set up a team of mentors, connect drug service users to various kinds of resources, learning and job opportunities so as to achieve life modification and social reintegration.

Hong Kong Lutheran Social Service, the Lutheran Church – Hong Kong Synod Limited – Rainbow Lutheran Centre

Since its establishment in October 2010, the Rainbow Lutheran Center has been offering individual, family and group counseling for psychotropic substance abusers and their families in Wong Tai Sin and Sai Kung. It also provides medical support to increase the motivation of drug abusers to stay away from drugs and rebuild a healthy life.

The Center also devotes to organizing preventive drug education programmes for secondary schools in the districts to raise the youth’s awareness of the harmful effects of drug abuse. In order to achieve early identification and intervention, social workers would visit the high-risk locations to engage the young drug abusers who are in need of counseling and supportive training.

To tackle the problem of psychotropic substance abuse, the Center strives to provide professional training and community education for social workers, teachers and allied professionals, aiming to join forces to build a drug free community.

Hong Kong Children and Youth Services – Sane Centre

HKCYS Sane Centre is established as one of the Counselling Centres for Psychotropic Substance Abusers in October 2010 through the Government subvention. The Centre comprises different professionals, including registered social workers, registered psychiatry nurse and peer counselors. The services cover the needs of psychotropic substance abusers in Tsuen Wan and Kwai Tsing districts. The concept of holistic approach namely “Body, Mind, Social Bond, and Spirituality” is the main theme of working approach which generates 3-tiers services of preventive, educational and therapeutic treatment and rehabilitation programmes for habitual/occasional drug abusers, at-risk youth, community stakeholders and professionals.

The Centre has joined hands with various organizations in the community to establish a helping network and information exchange platform, such as religious organization, medical agencies, probation office, integrated family service centre, integrated community centre for mental wellness, integrated children and youth services centre, district outreaching social work team and overnight outreaching services for young night drifters.

Caritas Hong Kong – Caritas HUGS Centre

The Caritas HUGS Centre, which was established in 1996, is a counselling centre for young psychotropic substance abusers serving Tuen Mun. The mission of the centre is “Hugs, Not Drugs”. It aims to help substance abusers to stay abstinence, and ultimately, to establish and maintain meaningful relationships with family members, relatives and friends who are drug-free.

The Centre provides casework and group work counselling services to individuals and families, drug prevention programmes and activities to secondary schools and organises workshops for allied professionals such as youth workers and teachers in order to gain synergistic effect on combating drug abuse problems.

With cooperation of the Family Centres, Integrated Children and Youth Centre, Youth Outreaching Team, the Centre carries out “Hugs not Drugs-Parents Support Scheme” for needy families in the community by activities of parents support groups, family programmes and parents support hotline (Tel: 2677 7999).

Evangelical Lutheran Church Hong Kong, Social Service Head Office – Enlighten Centre

The Enlighten Centre located at Yuen Long is another counselling centre for psychotropic substance abusers established in 2008. Through innovative methods

and alignment with regional network to form an effective team, its main objective is to provide quality and diversified social service to help local youngsters stay away from drugs and hence build up a healthy life. In addition to the counselling service offered to youths at risk and their parents and the trainings provided for service recipients and staff of collaborating organisations to develop their talents and strengthen their professional skills respectively, it also organises publicity activities in schools, the community and border area to deliver anti-drug messages and promote the drug-free culture in the region.

Hong Kong Sheng Kung Hui Welfare Council – Neo-Horizon

The Neo-Horizon is a counselling centre for psychotropic substance abusers established in 2008 in Shatin. It aims to help psychotropic substance abusers and potential drug abusers to stay abstinence through individual, group and family counselling and various supporting programmes, such as Traditional Chinese Medicine, art and drama therapy.

The Neo-Horizon also provides preventive education and makes outreaching efforts, such as setting up booths in different hot spots where potential abusers gather, in order to achieve early prevention, identification and intervention. To tackle the problem of psychotropic substance abuse comprehensively and effectively, cooperation between social workers and medical professionals will be strengthened and multi-disciplinary collaboration among organisations, schools, families and other stakeholders in the community will be promoted. Trainings will also be rendered to enhance the ability and skills of relevant anti-drug workers in handling drug cases.

Hong Kong Lutheran Social Service, the Lutheran Church – Hong Kong Synod Limited – Cheer Lutheran Centre

The Cheer Lutheran Centre, established in 1998, is a counselling centre for psychotropic substance abusers catering for young people in Tai Po and North. Apart from providing counselling service to psychotropic substance abusers, the centre is active in delivering preventive education programmes in school so as to arouse youth's understanding of the harmful effects of drugs and values of no-drugs living.

Preventive education is another major work focus of the centre. Drug education talks and workshops for secondary school students are also organised. In order to promote the co-operation of different professions in tackling drug problem, the centre provides professional training of drugs to professionals such as teachers, social workers and doctors. Furthermore, as the centre is concerned for female drug abusers' needs and context. After successful of I-meta project, we launch a Project I-phoenix which is about Use of art and research in both sex issues in 2010-2012.

Contact Details of CCPSAs

Name of Agency / Centre	Serving District	Address / Website	Telephone
Tung Wah Group of Hospitals – CROSS Centre Central Western, Southern & Islands Office	Central Western, Southern & Islands	Rm 1501-1504, Tung Ning Building, 2 Hillier Street, Sheung Wan, Hong Kong	2884 0282
Tung Wah Group of Hospitals – CROSS Centre Eastern and Wanchai Office	Eastern and Wanchai	9/F., TWGHs Fong Shu Chuen Social Services Building, 6 Po Man Street, Shau Kei Wan, Hong Kong crosscentre.tungwahcsd.org	
Hong Kong Lutheran Social Service, the Lutheran Church – Hong Kong Synod Limited – Evergreen Lutheran Centre	Kwun Tong	2 Horse Shoe Lane, Kwun Tong, Kowloon www.cheerevergreen-lutheran.org.hk	2712 0097
Hong Kong Christian Service – PS33 Tsimshatsui Centre	Kowloon City & Yau Tsim Mong	G/F., 33 Granville Road, Tsimshatsui, Kowloon www.hkcs.org/gcb/ps33/ps33.html	2368 8269
Hong Kong Christian Service – PS33 Shamshuipo Centre	Shamshuipo	Unit 11-16, G/F, Nam Yiu House, Nam Shan Estate, Shamshuipo, Kowloon www.hkcs.org/gcb/ps33/ps33.html	3572 0673
Hong Kong Lutheran Social Service, the Lutheran Church – Hong Kong Synod Limited – Rainbow Lutheran Center	Wong Tai Sin & Sai Kung	Ex-Sai Kung Public School, No. 30 Po Tung Road, Sai Kung, N.T. www.cheerevergreen-lutheran.org.hk	2330 8004
Hong Kong Children and Youth Services – Sane Centre	Tsuen Wan & Kwai Tsing	Units 1603-1604, 16/F., No. 99, Tai Ho Road, Tsuen Wan, N.T. www.sanecentre.net	2402 1010

ANNEX III

Name of Agency / Centre	Serving District	Address / Website	Telephone
Caritas - Hong Kong – Caritas HUGS Centre	Tuen Mun	Unit 41-44, G/F., Hing Shing House, Tai Hing Estate, Tuen Mun, N.T. www.hugs.org.hk	2453 7030
Evangelical Lutheran Church Hong Kong, Social Service Head Office – Enlighten Centre	Yuen Long	G/F., Tze Ping House, Tin Tze Estate, Tin Shui Wai, Yuen Long www.elchk.org.hk/service/Other/New_info/programme/teenlong.html	2446 9226
Hong Kong Sheng Kung Hui Welfare Council – Neo-Horizon	Sha Tin	G/F., Chung Kwan House, Chung On Estate, Ma On Shan, Shatin, N.T. neoh.skhwc.org.hk	8202 1313
Hong Kong Lutheran Social Service, the Lutheran Church – Hong Kong Synod Limited – Cheer Lutheran Centre	Tai Po & North	G/F., Ching Chung House, Ching Ho Estate, Sheung Shui, N.T. www.cheerevergreen-lutheran.org.hk	2660 0400

(B) Centres for Drug Counselling

**Caritas - Hong Kong
Caritas Lok Heep Club**

The Caritas Lok Heep Club commenced operation in 1968. With two centres located in Kowloon and on Hong Kong Island, it helps drug abusers to deal with their drug problems, assists rehabilitated drug abusers to remain abstinent, supports the family members of these two target groups and provides the public with preventive education on combating drug abuse.

The Club functions mainly through providing counselling and supportive services to drug abusers and ex-drug abusers. It is also experienced in helping family members of drug/ ex-drug abusers by running talks, education programmes, as well as group sessions to help them to deal with problems related with drug-abuse. There is also a Family Visit Team to reach out to serve needy people. The Club provides drug tests to help assess the abstinence status of clients.

Contact

Hong Kong Centre

Address: 12/F Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong

Telephone: 2893 8060

Email: fslhchk@caritassws.org.hk

Website: www.caritaslokheepclub.org.hk

Kowloon Centre

Address: Room 1-4, G/F Yiu Tung House, Tung Tau Estate, Wong Tai Sin,
Kowloon

Telephone: 2382 0267

Email: fslhckln@caritassws.org.hk

Website: www.caritaslokheepclub.org.hk