

第三章 不曾吸食毒品的學生接觸毒品的風險和所得的 禁毒資訊

2017/18 年調查的設計確保曾吸食毒品和不曾吸食毒品的學生所填寫問卷的長度大致相同。這樣，學生便不須害怕因用了較長時間填寫問卷，而被懷疑為吸毒的學生。針對曾吸食毒品的學生，問卷會問及他們吸食毒品的行為。至於不曾吸食毒品的學生，問卷則問及他們關於是否曾被提供毒品的經歷、成功拒絕的因素和拒絕技巧等資料。這有助當局了解年青一代面對毒品引誘的風險及防禦因素。

除此之外，2017/18 年的調查亦收集有關學生對禁毒訊息的認識和參與禁毒活動的數據。這些資料對籌劃既吸引又能配合大部分學生興趣的宣傳活動，有參考價值。

3.1 接觸毒品的風險

3.1.1 曾否獲提供毒品（表 3.1）

不曾吸食毒品的學生中，只有 2.1% 曾獲提供毒品。該比例隨教育程度的提升而增加，由高小學生 1.5%、中學學生 1.9% 至專上學生 2.9%。於 2014/15 年調查的相應整體比例的較低（1.8%）。

Chapter 3 Exposure to risk of drugs and anti-drug messages among non-drug-taking students

The 2017/18 Survey has been designed in such a way that drug-taking and non-drug-taking students would be required to answer similar number of questions. Thus, students would not have the fear of being speculated to be drug-taking students when they spent more time on the questionnaire. Drug-taking students were asked of their drug-taking behaviour; non-drug-taking students were required to provide information regarding their experience on being offered drugs by others, factors for their successful refusal and refusal skills adopted. Such information is helpful in understanding the risk and protective factors of youths against the temptation of drugs.

The 2017/18 Survey also collected data on students' awareness of anti-drug messages and participation in anti-drug activities. Such information would be useful as a reference in the planning of publicity programmes that could reach out, draw the attention of and match the interests of most students.

3.1 Exposure to risk of drugs

3.1.1 Whether been offered drugs (Table 3.1)

Among the non-drug-taking students, only 2.1% of them had been offered drugs. The percentage increased with education level, from 1.5% for upper primary, 1.9% for secondary to 2.9% for post-secondary. The corresponding overall percentage in the 2014/15 Survey was lower (1.8%).

3.1.2 向學生提供毒品的人 (表 3.1)

不曾吸食毒品但曾獲提供毒品的學生中，首三位最常見的毒品供應者為「朋友」(48.1%)、「同學」(27.2%)及「朋友的朋友」(22.0%)。是項發現，與曾吸食毒品的中學或以上學生，表示首三位首次向他們供應毒品的人是「朋友」、「同學」及「朋友的朋友」，同出一轍。

然而，不曾吸食毒品的高小學生表示「毒販」(41.4%)、「朋友」(33.2%)及「同學」(20.1%)是較普遍曾經向他們提供毒品的人。

3.1.3 學生曾獲提供毒品的地點 (表 3.2)

在不曾吸食毒品的各教育程度的學生中，曾獲提供毒品的表示，提供毒品最常見的地點是「公眾遊樂場／球場／公園／公廁」(27.1%)，其次是「朋友／同學／鄰居家中」(23.1%)及「酒吧」(22.2%)。上述這些地點亦是曾吸食毒品的學生普遍吸食毒品的地點。

值得注意的是，按不同教育程度而言，「卡拉 OK 房」(23.5%)為不曾吸食毒品的高小學生曾獲提供毒品的其中一個排列前三位的地點。另外，不曾吸食毒品的專上學生亦普遍在「學校〔包括宿舍〕」(22.0%)獲提供毒品。

3.1.2 Persons who offered drugs to students (Table 3.1)

“Friends” (48.1%), “schoolmates” (27.2%) and “friends of friends” (22.0%) were the top three persons who had offered drugs to the non-drug-taking students. This is consistent with that “friends”, “schoolmates” and “friends of friends” were the top three suppliers of drugs to drug-taking students in secondary or above levels at the first time.

However, for non-drug-taking students in upper primary level, they were more commonly offered drugs by “drug dealers” (41.4%), “friends” (33.2%) and “schoolmates” (20.1%).

3.1.3 Localities where students were offered drugs (Table 3.2)

The most common locality at which non-drug-taking students in different education levels were offered drugs was “public playground/ pitch/ park/ public toilet” (27.1%), followed by “friends’/ schoolmates’/ neighbours’ home” (23.1%) and “bar (or pub)” (22.2%). These localities were also the common localities at which drug-taking students took drugs.

By education levels, it is worth noting that “karaoke room” (23.5%) was one of the top three localities of drug offer as claimed by the non-drug-taking upper primary students. On the other hand, “school (including dormitory)” (22.0%) was a common locality of drug offer to non-drug-taking post-secondary students.

3.1.4 令學生遠離毒品的因素 (表 3.3)

84.9% 不曾吸食毒品的中學或以上學生表示，令他們遠離毒品的因素是他們害怕「吸毒所帶來的後果」，特別是「吸食毒品會損害健康」(74.4%)，「藏有毒品是違法的」(62.1%)及「害怕上癮」(53.1%)。其他幫助他們遠離毒品的因素還包括「不喜歡吸毒者的形象」(61.1%)及「有其他比吸食毒品更有趣的事情可做」(50.9%)。

少於三分之一不曾吸食毒品的中學或以上學生表示，「傳媒／偶像」(24.3%)、「非吸食毒品朋友」(28.0%)及「老師」(31.3%)的影響是令他們遠離毒品的因素。

3.1.5 拒絕毒品的的方法 (表 3.4)

75.5% 不曾吸食毒品的中學或以上學生會「直接地拒絕」接受毒品，其次是「找藉口拒絕」(21.0%)及「即時離開」(15.3%)。

3.1.6 若得知好友吸食毒品後會做的事情 (表 3.5)

在不曾吸食毒品的各教育程度的學生中，73.7%表示會「勸吸食毒品的朋友不要吸毒／鼓勵他們戒毒」。他們亦會「直接與他們對話了解情況」(45.9%)和「鼓勵他們向其他人〔如社工〕尋求協助」(42.4%)。另一方面，少於一成不曾吸食毒品的學生表示若得知好友吸食毒品後會選擇「不知怎麼做」(9.1%)及「裝作不知道／甚麼也不做」(9.1%)。

3.1.4 Factors that kept students away from drugs (Table 3.3)

84.9% of non-drug-taking students in secondary or above levels reported that the factor that kept them away from drugs was their fear of the “consequences of using drugs”, specifically, the consequences that “drugs are harmful to health” (74.4%), “possessing drugs is illegal” (62.1%) and “will get addicted to drugs” (53.1%). “Do not like the image of drug-takers” (61.1%) and “there are more interesting things to do other than using drugs” (50.9%) were other common reasons that kept them away from drugs.

Less than one-third of non-drug-taking students in secondary or above levels claimed that the “influence of media/ celebrities” (24.3%), the “influence of non-drug-taking friends” (28.0%) and the “influence of teachers” (31.3%) were factors that kept them away from drugs.

3.1.5 Methods used to refuse drugs (Table 3.4)

75.5% of the non-drug-taking students in secondary or above levels “refused drugs directly”, followed by “refused with an excuse” (21.0%) and “left immediately” (15.3%).

3.1.6 Things to do if realised that close friends were taking drugs (Table 3.5)

73.7% of the non-drug-taking students in different education levels reported that they would “tell their drug-taking friends not to take drugs/ encourage them to quit drugs”. They would also “ask them why they take drugs” (45.9%) and “tell them to seek help from others (e.g. social workers)” (42.4%). On the other hand, less than 10% “did not know what to do” (9.1%) and would “pretend I do not know/ do nothing” (9.1%) if they realised their close friends were taking drugs.

值得一提的是不曾吸食毒品的高小學生有較大傾向去尋求其他成年人的幫助，例如「告訴老師」（50.6%）、「告訴吸食毒品的朋友的父母」（50.1%）、「告訴社工」（36.3%）、「告訴自己的父母」（35.1%）及「報警」（20.6%）。

3.1.7 如果有機會，會嘗試勸人戒毒的原因（表 3.6）

69.8% 不曾吸食毒品的中學或以上學生表示，如果有機會，他們會嘗試勸人戒毒。主要原因是他們擔心吸毒者的「健康」（90.3%）、「精神狀況」（73.0%）及「學業及前途」（64.1%）。

3.1.8 如果有機會，不會嘗試勸人戒毒的原因（表 3.6）

那些不曾吸食毒品的中學或以上學生不會嘗試勸人戒毒的主要原因是「身邊沒有吸毒的人」（70.7%），其次是「不懂得如何去勸吸毒的人」（39.3%）及「覺得吸毒的人不會理會他們」（30.1%）。

It is worth noting that non-drug-taking upper primary students demonstrated a higher tendency to call on other adults to help, e.g. “tell teachers” (50.6%), “tell parents of their drug-taking friends” (50.1%), “tell social workers” (36.3%), “tell their parents” (35.1%) and “call the police” (20.6%).

3.1.7 Reasons for trying to persuade drug-takers to give up drugs if there was a chance (Table 3.6)

69.8% of the non-drug-taking students in secondary or above levels would try to persuade drug-takers to give up drugs if there was a chance and the main reasons for attempting to do so were that they were worried about the “health” (90.3%), “mental conditions” (73.0%) and “studies and future” (64.1%) of the drug-takers.

3.1.8 Reasons for not trying to persuade drug-takers to give up drugs if there was a chance (Table 3.6)

For the non-drug-taking students in secondary or above levels who would not try to persuade drug-takers to give up drugs if there was a chance, the major reason was “do not know anyone who uses drugs” (70.7%), followed distantly by “do not know how to persuade drug-takers” (39.3%) and “think the drug-takers will ignore them” (30.1%).

3.2 禁毒資訊和活動

3.2.1 對禁毒活動的認識和參與 (表 3.7-3.8)

88.2% 不曾吸食毒品的學生對禁毒資訊皆有所聞。禁毒資訊通常來自「禁毒講座」(76.8%)、「學校課程」(71.2%)、「電視, 收音機及報紙等大眾傳播媒介」(69.7%)和「禁毒宣傳海報」(53.6%)。這些亦是各教育程度的學生接收禁毒資訊的主要途徑, 儘管比例上略有不同。值得注意的是, 有更多不曾吸食毒品的學生透過「互聯網/ 智能手機/ 平板電腦〔包括應用程式/ 電郵/ Blog/ 討論區/ YouTube〕」獲得禁毒資訊(44.6%), 尤其是專上學生(46.1%)。2014/15 年調查的相應數字為 40.6% 及 37.5%。

61.6% 不曾吸食毒品的學生曾參與禁毒活動。最普遍曾參與的活動包括「研討會/ 講座」(77.9%)、「課堂活動〔如專題研習〕」(39.9%)和「禁毒話劇/ 綜藝表演/ 音樂會」(27.6%)。

3.2.2 傳遞禁毒資訊的人物 (表 3.9)

以「已戒毒人士」的真實個人經驗分享來傳遞禁毒資訊最為受歡迎, 在不曾吸食毒品的學生中佔 43.8%。14.7% 的學生選擇「父母」, 尤其是高小學生(32.6%)。少於 10% 的不曾吸食毒品的學生喜歡「老師」(8.2%)或「社工」(4.9%)向他們傳遞禁毒資訊。

3.2 Anti-drug messages and activities

3.2.1 Awareness of and participation in anti-drug activities (Tables 3.7 – 3.8)

88.2% of the non-drug-taking students had come across anti-drug messages. Generally, they received anti-drug messages through “anti-drug talks” (76.8%), “school curriculum/ materials” (71.2%), “mass media such as TV, radio, newspaper, etc.” (69.7%), and “anti-drug posters” (53.6%). These channels were also main sources reported by students across different education levels despite in different proportions. It is noteworthy that more non-drug-taking students came across anti-drug messages through “the Internet/ smartphone/ tablet computer (including apps/ email/ blog/ discussion forums/ Youtube)” (44.6%), particularly for post-secondary students (46.1%). The corresponding figures in the 2014/15 Survey were 40.6% and 37.5% respectively.

61.6% of the non-drug-taking students participated in anti-drug activities. “Seminars/ talks” (77.9%), “classroom activities (e.g. project work)” (39.9%) and “anti-drug dramas/ variety shows/ concerts” (27.6%) were the most common activities participated in.

3.2.2 Person to provide anti-drug information (Table 3.9)

Real life personal experience shared by “ex-drug abusers” was cited the most welcomed mode of delivering anti-drug messages, as indicated by 43.8% of the non-drug-taking students. “Parents” accounted for 14.7%, particularly among non-drug-taking upper primary students (32.6%). Less than 10% preferred to have “teachers” (8.2%) or “social workers” (4.9%) delivering anti-drug messages.