

目錄

Table of Contents

	Page
第一部分 引言	Part I. Introduction 5
1. 調查背景	Survey background 6
2. 目的	Objectives 6
3. 涵蓋範圍及樣本設計	Coverage and sample design 7
4. 問卷設計	Questionnaire design 9
5. 保密	Confidentiality 10
6. 資料蒐集	Data collection 11
7. 訪問結果	Enumeration results 12
8. 調查限制	Survey limitations 14
9. 技術性建議	Technical suggestions 14
10. 鳴謝	Acknowledgments 15
第二部分 主要結果	Part II. Major Findings 16
1. 學生服用各類物質的普遍性	Prevalence of substance use among students 17
1.1 曾服用各種物質者所佔比例	Proportion of lifetime substance users 17
1.1.1 年齡及性別	Age and sex 18
1.2 一年內曾服用各種物質者所佔比例	Proportion of 1-year substance users 18
1.2.1 年齡及性別	Age and sex 19
1.3 30 天內曾服用各種物質者所佔比例	Proportion of 30-day substance users 19
1.3.1 年齡及性別	Age and sex 20
1.4 吸食毒品學生在樣本學校／院校的分布	Distribution of drug-taking students in sampled schools and institutions 21
2. 曾吸食毒品的學生的特徵	Characteristics of lifetime drug-taking students 22
2.1 吸食毒品的頻密程度	Drug-taking frequency 22
2.2 吸食毒品種類	Types of drugs taken 22
2.3 購買毒品的主要金錢來源	Main sources of money for buying drugs 24

2.4	通常吸食毒品的地點	Usual localities for taking drugs	25
2.5	通常取得毒品的地點	Usual localities for obtaining drugs	25
2.6	提供毒品的人	Suppliers of drugs	26
2.6.1	首次吸食毒品	First time drug use	27
2.6.2	在調查前 30 天內曾吸食毒品	Drug use within 30 days preceding survey enumeration	27
2.7	一起吸食毒品的人	Companions of drug-taking	28
2.8	首次吸食毒品年齡	Age of first drug-taking	28
2.9	吸食毒品的原因	Reasons for taking drugs	29
2.9.1	首次吸食毒品	First time drug use	29
2.9.2	在調查前 30 天內曾吸食毒品	Drug use within 30 days preceding survey enumeration	29
2.10	居住地區	Residential districts	30
2.11	在香港以外地方吸食毒品	Drug-taking outside Hong Kong	30
2.11.1	曾否在香港以外地方吸食毒品	Whether took drugs outside Hong Kong	30
2.11.2	曾在香港以外吸食毒品的地方	Places of drug-taking outside Hong Kong	30
2.12	向他人求助的模式	Help seeking patterns	31
2.12.1	曾否向他人求助	Whether sought help from others	31
2.12.2	給予最大幫助的人	Person who gave the greatest help	31
2.13	嘗試停止吸食毒品或戒毒	Attempt to stop taking drugs or give up drugs	32
2.13.1	曾否嘗試停止吸食毒品或戒毒	Whether attempted to stop taking drugs or give up drugs	32
2.13.2	曾嘗試停止吸食毒品或戒毒的原因	Reasons for attempting to stop taking drugs or give up drugs	32
2.13.3	未曾嘗試停止吸食毒品或戒毒的原因	Reasons for not attempting to stop taking drugs or give up drugs	33
3.	不曾吸食毒品的學生接觸毒品的風險和所得的禁毒資訊	Exposure to risk of drugs and anti-drug messages among non-drug-taking students	34
3.1	接觸毒品的風險	Exposure to risk of drugs	34
3.1.1	曾否獲提供毒品	Whether been offered drugs	34
3.1.2	向學生提供毒品的人	Persons who offered drugs to students	35

3.1.3	學生曾獲提供毒品的地點	Localities where students were offered drugs	35
3.1.4	令學生遠離毒品的因素	Factors that kept students away from drugs	36
3.1.5	拒絕毒品的方法	Methods used to refuse drugs	36
3.1.6	若得知好友吸食毒品後會做的事情	Things to do if realised that close friends were taking drugs	36
3.1.7	如果有機會，會嘗試勸人戒毒的原因	Reasons for trying to persuade drug-takers to give up drugs if there was a chance	37
3.1.8	如果有機會，不會嘗試勸人戒毒的原因	Reasons for not trying to persuade drug-takers to give up drugs if there was a chance	37
3.2	禁毒資訊和活動	Anti-drug messages and activities	38
3.2.1	對禁毒活動的認識和參與	Awareness of and participation in anti-drug activities	38
3.2.2	傳遞禁毒資訊的人物	Person to provide anti-drug information	38
4.	對吸食毒品的態度及相關因素	Attitudes towards drug-taking and associated factors	39
4.1	對吸食毒品的態度	Attitudes towards drug-taking	39
4.1.1	是否接受別人吸食毒品	Whether it was okay for people to take drugs	39
4.1.2	對毒品禍害的看法	Perception on harmful effects of drugs	39
4.1.3	學生吸食毒品的傾向	Students' inclination to take drugs	40
4.2	自我形象	Self-perception	40
4.3	與家人、校方及朋輩的關係	Relationship with family, school and peers	41
4.4	閒暇的運用	Use of free time	41
4.4.1	在空閒時常做的事情	Things to do in free time	41
4.4.2	在上網時常做的事情	Things to do when surfing the Internet	42
4.5	行為及學業問題	Behavioural and academic problems	42
4.6	吸食毒品與飲酒和吸煙的關係	Relationship between drug-taking and use of alcohol and tobacco	43

4.7	人口特徵	Demographic characteristics	43
4.7.1	是否與父母同住	Whether living with parents	43
4.7.2	家庭每月總收入	Monthly household income	43
4.7.3	在港居住年期	Length of living in Hong Kong	44
4.7.4	居住的房屋種類	Type of housing	44
5.	報告摘要	Summary of key findings	45
5.1	學生吸食毒品比例與 2017/18 年調查比較相若	Proportion of drug-taking students was similar as compared with 2017/18 Survey	45
5.2	吸食危害精神毒品為主	Predominant use of psychotropic substances	46
5.3	更多年少學生吸毒	More young students took drugs	46
5.4	吸食毒品的普遍性、人口特徵及其他因素	General prevalence, demographic characteristics and other factors	47
5.5	對吸食毒品的禍害的看法	Perception towards harms of drug use	48
5.6	青年隱蔽吸毒	Hidden drug-taking among the youth	48
5.7	在香港以外地方吸食毒品	Drug-taking outside Hong Kong	49
5.8	接觸毒品的途徑	Access to drugs	49
	附錄	Appendices	
I.	統計圖表	Charts and tables	51
II.	有效抽樣率及回應率	Effective sampling fraction and response rate	121
III.	有參與及沒有參與的高小及中學學校概況	Profile of participating and non-participating upper primary and secondary schools	122
IV.	問卷樣本	Questionnaire specimen	123
V.	詞彙	Glossary	166
VI.	危害精神毒品列表	List of psychotropic substances	170