

## 第三章 不曾吸食毒品的學生接觸毒品的風險和所得的 禁毒資訊

在 2023/24 年調查中，針對曾吸食毒品的學生，問卷會問及他們吸食毒品的行為。至於不曾吸食毒品的學生，問卷則問及他們是否曾被提供毒品的經歷、成功拒絕的因素和拒絕技巧等資料。這有助了解年青一代面對毒品引誘的風險及防禦因素。

除此之外，2023/24 年的調查亦搜集有關學生對禁毒訊息的認識和參與禁毒活動的數據。這些資料對籌劃既吸引又能配合大部分學生興趣的宣傳活動，有參考價值。

### 3.1 接觸毒品的風險

#### 3.1.1 曾否獲提供毒品（表 3.1）

不曾吸食毒品的學生中，只有 1.9% 曾獲提供毒品。其中，專上教育的比例最高，為 3.0%，其次是高小，為 1.9%，中學為 1.2%。2020/21 年調查的相應整體比例較高（2.2%）。

## Chapter 3 Exposure to risk of drugs and anti-drug messages among non-drug-taking students

In the 2023/24 Survey, drug-taking students were asked about their drug-taking behaviour. Non-drug-taking students were asked about their experience on being offered drugs by others, factors for their successful refusal and refusal skills adopted. Such information is helpful in understanding the risk and protective factors of youths against the temptation of drugs.

The 2023/24 Survey also collected data on students' awareness of anti-drug messages and participation in anti-drug activities. Such information would be useful as a reference in the planning of publicity programmes that could reach out, draw the attention of and match the interests of most students.

### 3.1 Exposure to risk of drugs

#### 3.1.1 Whether been offered drugs (Table 3.1)

Among the non-drug-taking students, only 1.9% of them had been offered drugs. The percentage was the highest for post-secondary at 3.0%, followed by upper primary at 1.9% and 1.2% for secondary. The corresponding overall percentage in the 2020/21 Survey was higher (2.2%).

**3.1.2 向學生提供毒品的人（表 3.1）**

不曾吸食毒品但曾獲提供毒品的學生中，首三位最常見的毒品供應者為「朋友」（44.5%）、「同學」（27.5%）及「朋友的朋友」（25.5%）。是項發現，與曾吸食毒品的中學或以上學生，表示首三位首次向他們供應毒品的人是「朋友」、「同學」及「朋友的朋友」，同出一轍。

不曾吸食毒品的高小學生表示，除了「朋友」（34.7%）外，較普遍曾經向他們提供毒品的人是「毒販」（26.5%）、「同學」（15.5%）及「陌生人／其他人」（14.2%）。

**3.1.3 學生曾獲提供毒品的地點（表 3.2）**

在所有不曾吸食毒品的學生中，曾獲提供毒品的表示，提供毒品最常見的地點是「公眾遊樂場／球場／公園／公廁」（21.2%），其次是「酒吧」（19.4%）及「朋友／同學／鄰居家中」（19.0%）。

值得注意的是，按不同教育程度而言，「自己家中」（20.0%）為不曾吸食毒品的高小學生曾獲提供毒品的其中一個排列前三位的地點。另外，不曾吸食毒品的專上學生亦普遍在「學校〔包括宿舍〕」（19.6%）獲提供毒品。

**3.1.2 Persons who offered drugs to students (Table 3.1)**

“Friends” (44.5%), “schoolmates” (27.5%) and “friends of friends” (25.5%) were the top three persons who had offered drugs to the non-drug-taking students. This is consistent with that “friends”, “schoolmates” and “friends of friends” were the top three suppliers of drugs to drug-taking students in secondary or above levels at the first time.

For non-drug-taking students in upper primary level, apart from “friends” (34.7%), they were more commonly offered drugs by “drug dealers” (26.5%), “schoolmates” (15.5%) and “strangers / others” (14.2%).

**3.1.3 Localities where students were offered drugs (Table 3.2)**

The most common locality at which all non-drug-taking students were offered drugs was “public playground / pitch / park / public toilet” (21.2%), followed by “bar (or pub)” (19.4%) and “friends’ / schoolmates’ / neighbours’ homes” (19.0%).

By education levels, it is worth noting that “at home” (20.0%) was one of the top three localities of drug offer as claimed by the non-drug-taking upper primary students. On the other hand, “school (including dormitory)” (19.6%) was a common locality of drug offer to non-drug-taking post-secondary students.

**3.1.4 令學生遠離毒品的因素（表 3.3）**

81.8%不曾吸食毒品的中學或以上學生表示，令他們遠離毒品的因素是他們害怕「吸毒所帶來的後果」，包括「吸食毒品會損害健康」（68.3%），「藏有毒品是違法的」（57.7%）及「害怕上癮」（49.7%）。其他幫助他們遠離毒品的因素還包括「不喜歡吸毒者的形象」（55.0%）及「其他人的影響」（53.9%）。

少於三成不曾吸食毒品的中學或以上學生表示，「傳媒／偶像」（23.2%）、「非吸食毒品朋友」（24.0%）及「老師」（27.4%）的影響是令他們遠離毒品的因素。

**3.1.5 拒絕毒品的的方法（表 3.4）**

68.6%不曾吸食毒品的中學或以上學生會「直接地拒絕」接受毒品，其次是「即時離開」（23.9%）、「裝作聽不到，轉換了話題或提議做其他事」（15.7%）及「找藉口拒絕」（15.5%）。

**3.1.4 Factors that kept students away from drugs (Table 3.3)**

81.8% of non-drug-taking students in secondary or above levels reported that the factor that kept them away from drugs was their fear of the “consequences of using drugs”, including “drugs were harmful to health” (68.3%), “possessing drugs was illegal” (57.7%) and “will get addicted to drugs” (49.7). Other common reasons that kept them away from drugs were “did not like the image of drug-takers” (55.0%) and “influence of others” (53.9%).

Less than three in ten of non-drug-taking students in secondary or above levels claimed that the “influence of media / celebrities” (23.2%), the “influence of non-drug-taking friends” (24.0%) and the “influence of teachers” (27.4%) were factors that kept them away from drugs.

**3.1.5 Methods used to refuse drugs (Table 3.4)**

68.6% of the non-drug-taking students in secondary or above levels “refused drugs directly”, followed by “left immediately” (23.9%), “pretended that I did not know of the offer and I changed the topic or suggested doing something else” (15.7%) and “refused with an excuse” (15.5%).

**3.1.6 若得知好友吸食毒品後會做的事情 (表 3.5)**

在不曾吸食毒品的各教育程度的學生中，55.7%表示會「勸吸食毒品的朋友不要吸毒／鼓勵他們戒毒」。他們亦會「直接與他們對話了解情況」(36.8%)和「鼓勵他們向其他人〔如社工〕尋求協助」(34.1%)。另一方面，超過一成不曾吸食毒品的學生表示若得知好友吸食毒品後會選擇「裝作不知道／甚麼也不做」(13.5%)及「不知怎麼做」(11.3%)。

值得一提的是不曾吸食毒品的高小學生有較大傾向去尋求其他成年人的幫助，例如「告訴老師」(50.0%)、「告訴吸食毒品的朋友的父母」(46.0%)、「告訴自己的父母」(39.6%)、「告訴社工」(30.6%)及「報警」(29.8%)。

**3.1.7 如果有機會，會嘗試勸人戒毒的原因 (表 3.6)**

67.8%不曾吸食毒品的中學或以上學生表示，如果有機會，他們會嘗試勸身邊的人戒毒。主要原因是他們擔心吸毒者的「健康」(89.2%)、「精神狀況」(71.9%)及「學業及前途」(59.3%)。

**3.1.6 Things to do if realised that close friends were taking drugs (Table 3.5)**

55.7% of the non-drug-taking students in different education levels reported that they would “tell their drug-taking friends not to take drugs / encourage them to quit drugs”. They would also “ask them why they take drugs” (36.8%) and “tell them to seek help from others (e.g. social workers)” (34.1%). On the other hand, over one tenth would “pretend I do not know / do nothing” (13.5%) and “did not know what to do” (11.3%) if they realised their close friends were taking drugs.

It is worth noting that non-drug-taking upper primary students demonstrated a higher tendency to call on other adults to help, e.g. “tell teachers” (50.0%), “tell parents of their drug-taking friends” (46.0%), “tell their parents” (39.6%), “tell social workers” (30.6%) and “call the police” (29.8%).

**3.1.7 Reasons for trying to persuade drug-takers to give up drugs if there was a chance (Table 3.6)**

67.8% of the non-drug-taking students in secondary or above levels would try to persuade drug-takers to give up drugs if there was a chance and the main reasons for attempting to do so were that they were worried about the “health” (89.2%), “mental conditions” (71.9%) and “studies and future” (59.3%) of the drug-takers.

### 3.1.8 如果有機會，不會嘗試勸人戒毒的原因（表 3.6）

32.2%不曾吸食毒品的中學或以上學生不會嘗試勸身邊的人戒毒，他們主要提及的原因是「身邊沒有吸毒的人」（76.3%），其次是「不懂得如何去勸吸毒的人」（26.2%）及「覺得吸毒的人不會理會他們」（20.7%）。

## 3.2 禁毒資訊和活動

### 3.2.1 對禁毒活動的認識和參與（表 3.7-3.8）

80.8%不曾吸食毒品的學生對禁毒資訊皆有所聞。禁毒資訊通常來自「學校課程／資料」（73.5%）、「禁毒講座」（69.5%）、「電視，收音機及報紙等大眾傳播媒介」（60.2%）和「互聯網／智能手機／平板電腦〔包括應用程式／電郵／Blog／討論區／YouTube／TikTok／抖音／Instagram／Facebook〕」（51.1%）。這些亦是各教育程度的學生接收禁毒資訊的主要途徑，儘管比例上略有不同。

51.7%不曾吸食毒品的學生曾參與禁毒活動。最普遍曾參與的活動包括「研討會／講座」（76.7%）、「課堂活動〔如專題研習〕」（42.5%）和「禁毒話劇／綜藝表演／音樂會」（22.7%）。

### 3.1.8 Reasons for not trying to persuade drug-takers to give up drugs if there was a chance (Table 3.6)

For the 32.2% of non-drug-taking students in secondary or above levels who would not try to persuade drug-takers to give up drugs if there was a chance, the major reason was “did not know anyone who uses drugs” (76.3%), followed distantly by “did not know how to persuade drug-takers” (26.2%) and “thought the drug-takers would ignore them” (20.7%).

## 3.2 Anti-drug messages and activities

### 3.2.1 Awareness of and participation in anti-drug activities (Tables 3.7 – 3.8)

80.8% of the non-drug-taking students had come across anti-drug messages. Generally, they received anti-drug messages through “school curriculum / materials” (73.5%), “anti-drug talks” (69.5%), “mass media such as TV, radio, newspaper, etc.” (60.2%), and “the Internet / smartphone / tablet computer (including apps / email / blog / discussion forums / YouTube) / TikTok / Douyin / Instagram / Facebook” (51.1%). These channels were also main sources reported by students across different education levels despite in different proportions.

51.7% of the non-drug-taking students participated in anti-drug activities. “Seminars / talks” (76.7%), “classroom activities (e.g. project work)” (42.5%) and “anti-drug dramas / variety shows / concerts” (22.7%) were the most common activities participated in.

## 3.2.2 傳遞禁毒資訊的人物（表 3.9）

以「已戒毒人士」的真實個人經驗分享來傳遞禁毒資訊最為受歡迎，在不曾吸食毒品的學生中佔39.3%。13.0%的學生選擇「父母」，尤其是高小學生（23.1%）。少於一成不曾吸食毒品的學生喜歡「老師」（10.0%）或「社工」（4.1%）向他們傳遞禁毒資訊。

在 2023/24 年調查中，曾吸食毒品的學生也被問到這問題。「已戒毒人士」（31.6%）和「朋友／同學」（12.4%）亦是最為受歡迎的傳遞禁毒資訊給曾吸食毒品的學生的人士。

## 3.2.2 Person to provide anti-drug information (Table 3.9)

Real life personal experience shared by “ex-drug abusers” was cited as the most welcomed mode of delivering anti-drug messages, as indicated by 39.3% of the non-drug-taking students. “Parents” accounted for 13.0%, particularly among non-drug-taking upper primary students (23.1%). Less than one-tenth preferred to have “teachers” (10.0%) or “social workers” (4.1%) delivering anti-drug messages.

Drug-taking students were also asked this question in the 2020/21 Survey. “Ex-drug abusers” (31.6%) and “friends / schoolmates” (12.4%) were also the most welcomed mode of delivering anti-drug messages to the drug-taking students.